

# Steven J. Mazza, Ph.D.

Columbia University Center for Anxiety and Related Disorders (CUCARD)  
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**Date of preparation:** December 17, 2020

## Education

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09/2012-08/2018	Ph.D.	Hofstra University, Clinical Psychology
09/2012-07/2013	M.A.	Hofstra University, Clinical Psychology
09/2010-05/2012	M.A.	Columbia University, Developmental Psychology
09/2003-05/2007	B.S.	Skidmore College, Elementary Education

## Academic Appointments

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01/2020-Present	Instructor of Medical Psychology (in Psychiatry) Columbia University Clinic for Anxiety and Related Disorders (CUCARD) Columbia University Medical Center
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## Clinical Training

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09/2018-12/2019	Columbia University Clinic for Anxiety and Related Disorders (CUCARD) Columbia University Medical Center Postdoctoral Fellow in Clinical Psychology New York, NY
07/2017-06/2018	Bellevue Hospital Center / NYU Child Study Center Psychology Intern New York, NY
08/2016-05/2017	Seaver Autism Center for Research and Treatment at Mount Sinai Hospital Psychology Extern New York, NY
09/2016-05/2017	Acceptance and Commitment Therapy (ACT) Clinic at Hofstra University Student Therapist Hempstead, NY
07/2015-06/2016	Adolescent Inpatient Unit at Bellevue Hospital Center Psychology Extern New York, NY
07/2014-06/2015	Columbia University Clinic for Anxiety and Related Disorders (CUCARD) Psychology Extern New York, NY

07/2014-06/2015	Cognitive Behavioral Associates / Nira Nafisi, Ph.D. (Private Practice) Psychology Extern Great Neck, NY
05/2014-05/2015	Dialectical Behavior Therapy (DBT) Clinic at Hofstra University Student Therapist Hempstead, NY
08/2013-07/2014	Hofstra University Student Counseling Services Crisis Counselor Hempstead, NY
09/2012-05/2017	Child and Parent Psychological Services (CAPPS) Clinic at Hofstra University Student Therapist Hempstead, NY

### **Honors**

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2018	H. Alan Robinson Outstanding Doctoral Dissertation Award
2018	Richard O'Brien Memorial Dissertation Award
2016	Allison Kim Levy Continuing Acts of Kindness Memorial Award
2005	Periclean Honors Society, Skidmore College
2003-2007	Honors Forum, Skidmore College
2003-2007	Dean's List, Skidmore College

### **License & Certification**

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10/2019-Present	New York State Licensed Psychologist License Number: 023449
07/2016-Present	Certified Parent-Child Interaction Therapist

### **Professional Affiliations**

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09/2016-Present	Association for Contextual Behavioral Science (ACBS)
12/2014-Present	Child & Adolescent Anxiety Special Interest Group (CAASIG), ABCT
12/2014-Present	APA Division 53 – Society of Clinical Child & Adolescent Psychology
09/2012-Present	American Psychological Association (APA)
09/2012-Present	Association for Behavioral and Cognitive Therapies (ABCT)

### **Teaching Experience**

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01/2012-05/2014	Department of Psychology, Hofstra University Graduate Teaching Assistantship, <i>Child Psychopathology</i> Graduate Teaching Assistantship, <i>Cognitive Assessment</i> Hempstead, NY
01/2012- 05/2012	Department of Psychology, Teachers College, Columbia University Graduate Teaching Assistantship, <i>Developmental Psychopathology</i> Graduate Teaching Assistantship, <i>Methods of Empirical Research</i> New York, NY

## **Publications**

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- \*Mazza, S.J. (2019, May). Hungry for attention: The reward campers crave most. *Camping Magazine*, 92(3), 73-76.
- \*Mazza, S.J. (2019, March). Relationship-based leadership: Be more than a boss. *Camping Magazine*, 92(2), 60-63.
- Gillett, D.A & \*Mazza, S.J. (2018). Clarifying a construct: An integrative functional model of reassurance-seeking behaviors. *Journal of Rational-Emotive & Cognitive Behavioral Therapy*, 36(4), 362-377.
- \*Mazza, S.J., & Albano, A.M. (2016). Selective mutism: Psychotherapeutic perspective. In P. S. Jensen & C. A. Galanter (Eds.). *DSM-5 casebook and treatment guide for child mental health*. Washington, DC: American Psychiatric Association Publishing.

## **Presentations**

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- \*Mazza, S.J. & Ames-Sikora, A.M. (July, 2020). *Coping During the COVID-19 Pandemic: Parents of Early Childhood (0 to 6 Years Old)*. Webinar presented in association with the Columbia University Department of Psychiatry.
- \*Mazza, S.J. (April, 2020). *Rally the Troops: Relationship-Based Leadership Amid a Pandemic*. Webinar presented in association with the American Camp Association.
- \*Mazza, S.J. (March, 2020). *In the Trenches: Relationship-Based Leadership in Action*. Presented at the Tri-State American Camp Association Conference in Atlantic City, New Jersey.
- \*Mazza, S.J., Ohr, P.S., Albano, A.M., & Schare, M.L. (2019, August). *Brave START: Modular PCIT for Comorbid Anxiety and Disruptive Behavior*. Symposium presented at the 2019 Parent-Child Interaction Therapy International Biennial Convention, Chicago, IL.
- Solz, J., & \*Mazza, S. (April, 2019). *Living with Vitality and Values*. Workshop at Beacon High School's Mental Health Day, New York, New York.
- Peer, S. & \*Mazza, S.J. (2019, August). *Meta-analysis of single-subject data using simulation modeling analysis to evaluate efficacy, dosage, and sequencing of Brave START modules*. Symposium presented at the 2019 Parent-Child Interaction Therapy International Biennial Convention, Chicago, IL.
- \*Mazza, S.J. (2019, March). *Relationship-Based Leadership*. Presented at the Tri-State American Camp Association Conference in Atlantic City, New Jersey.
- \*Mazza, S.J. (2019, March). *Hungry for Attention: The Reward Campers Crave Most*. Presented at the Tri-State American Camp Association Conference in Atlantic City, New Jersey.

- \*Mazza, S.J., Ohr, P.S., Rohrig, S.R., Eisenberg, I., Accardo, M., Maza, S., Smucker, R., & Mazzer, C. (2018, December). *Brave START: Modular PCIT for Comorbid Anxiety and Disruptive Behavior*. Poster presented at Columbia University Medical Center, New York, New York.
- \*Mazza, S.J. (November, 2018). *Brave START – PCIT for Comorbid Anxiety and Disruptive Behavior*. Webinar presented at KurtzPsychology in New York, New York.
- \*Mazza, S.J., Ohr, P.S., Rohrig, S.R., Eisenberg, I., Accardo, M., Maza, S., Smucker, R., Mazzer, C., & Walcoe, H. (2018, November). *Brave START: Effects of a PCIT-Informed Modular Treatment Protocol on Anxiety Disorders and Comorbid Disruptive Behavior in Early Childhood*. Poster presented at the 52nd annual meeting of the Association for Behavioral and Cognitive Therapies, Washington D.C., California.
- \*Mazza, S.J., Ohr, P.S., Rohrig, S.R., Eisenberg, I., Accardo, M., Maza, S., Smucker, R., & Mazzer, C. (2018, June). *Effects of a PCIT-Informed Modular Treatment Protocol on Anxiety Disorders and Comorbid Disruptive Behavior in Early Childhood*. Poster presented at the Hassenfeld Children's Hospital at NYU Langone, New York, New York.
- Gold, D., Ohr, P.S., \*Mazza, S.J., Gross, A., Hare, M., & Mazzer, C. (2017, November). *Examination of Group Format Parent-Child Interaction Therapy Adapted for Social Anxiety Disorder*. Poster presented at the 51st annual meeting of the Association for Behavioral and Cognitive Therapies, San Diego, California.
- Solz, J.S., Ohr, P.S., O'Brien, R.M., Gallagher, R., Bardin, A., Gross, A., \*Mazza, S.J., Lackow, J., Accardo, M., Rohrig, S., & Smucker, R. (2016, October). *Video Self Modeling as Exposure with and without Contingency Management in Treating Youth with Selective Mutism*. Poster presented at the 50th annual meeting of the Association for Behavioral and Cognitive Therapies, New York, New York.
- \*Mazza, S.J. (2016, April). *Case Conference: Treating Gender Dysphoria and Comorbid Suicidal Ideation on an Adolescent Inpatient Unit*. Presented to graduate students at the Bellevue Hospital Center in New York, New York.
- \*Mazza, S.J. (2015, October). *An Introduction to Parent-Child Interaction Therapy*. Presented to psychiatry fellows, residents, and medical students at the Bellevue Hospital Center in New York, New York.
- \* Mazza, S.J. (2015, May). *Adapting Parent-Child Interaction Therapy in the Treatment of Selective Mutism*. Presented to staff psychologists, post-doctoral fellows, and graduate students at the Columbia University Clinic for Anxiety and Related Disorders in New York, New York.
- Glueck, B., Lackow, J., Ohr, P.S., La Lima, C., Bardin, T., \*Mazza, S. J., & Lippman, B. (2014, November). *Anger and Impulse Management group for 6-9-year-olds: A pilot study*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, Pennsylvania.

Brand, L., Ohr, P.S., Bardin, T., Glueck, B., & \*Mazza, S. J., Lippmann, B. (2014, November). *Video self-modeling and teach session to increase positive parenting skills in parents of children with autism*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, Pennsylvania.

Ohr, P.S., Solz, J., Bardin, A., Glueckman, B., & \*Mazza, S. J. (2013, November). *Parent-reported stress, cognitions, and child behavior during a parent-directed play intervention*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Nashville, Tennessee.

### **Philanthropy**

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07/2014-Present	Play It Forward Music, Inc. (501c3 Non-Profit Organization) Founder & Executive Director New York, NY
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