

# STEVEN J. MAZZA

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## EDUCATION

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- September 2012 – Present      **Ph.D. Candidate, Clinical Psychology, GPA: 3.91**  
Hofstra University, *Hempstead, NY* (APA Accredited)  
Asst. DCT: Phyllis Ohr, Ph.D. | 516-463-5629 | phyllis.s.ohr@hofstra.edu
- May 2013      **M.A., Clinical Psychology with Distinction (en route), GPA: 3.96**  
Hofstra University, *Hempstead, NY* (APA Accredited)
- May 2012      **M.A., Developmental Psychology, GPA: 4.00**  
Teachers College, Columbia University, *New York, NY*
- May 2007      **B.S., Elementary Education, GPA: 3.71, Magna Cum Laude**  
Skidmore College, *Saratoga Springs, NY*

## SUPERVISED CLINICAL TRAINING

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- August 2014 - Present      **Psychology Volunteer - Practicum**  
**Cognitive Behavioral Associates (CBA)**  
*60 Cutter Mill Road, Great Neck, NY*  
**Supervisor: Nira Nafisi, Ph.D.**  
**DBT Team: Jill Rathus, Ph.D, Ruth DeRosa, Ph.D, Michelle Chung, Ph.D.**
  - Conducts weekly Dialectical Behavior Therapy (DBT) sessions
  - Participates in weekly DBT Consultation Team meetings
  - Engages in weekly DBT didactic and individual supervision
- July 2014 - Present      **Psychology Extern**  
**Columbia University Clinic for Anxiety and Related Disorders (CUCARD)**  
**Columbia University Medical Center (CUMC),**  
*3 Columbus Circle, New York, NY*  
**Director: Anne Marie Albano, Ph.D., ABPP**  
**Supervisor: Jamie Hambrick, Ph.D.**
  - Provides evidence-based psychotherapy sessions with adults and children
  - Conducts intake interviews using the Anxiety Disorders Interview Schedule
  - Co-leads a weekly adult anxiety group
  - Co-leads a weekly social skills group for young adolescents
  - Participates in weekly individual and group supervision
  - Engages in weekly didactics and team meetings
  - Conducts phone screens with potential client
- May 2014 - Present      **Psychology Intern - Practicum**  
**Dialectical Behavior Therapy (DBT) Clinic**  
**Psychological Evaluation Research and Counseling Clinic (PERCC),**  
*Hofstra University, Hempstead, NY*  
**Supervisor: Joseph Scardapane, Ph.D.**
  - Conducts weekly DBT sessions with high-risk clients
  - Co-leads a weekly young adult DBT skills group
  - Facilitates skills generalization by coaching clients through crises via phone
  - Participates in weekly group supervision and DBT Team meetings

September 2012 – Present

**Parent Child Interaction Therapy (PCIT) Specialist**  
**Child and Parent Psychological Services (CAPPS) Clinic**  
**Psychological Evaluation Research and Counseling Clinic (PERCC),**  
*Hofstra University, Hempstead, NY*  
**Supervisor: Phyllis Ohr, Ph.D.**

- Assesses presenting problems via baseline observations of children with oppositional defiant disorder and attention deficit/hyperactivity disorder
  - Conducts weekly PCIT sessions for parent-child dyads to foster relationship building skills and behavioral management techniques
  - Trains parents to respond to child behaviors with empirically supported techniques including labeled praises, reflections, and behavior descriptions
- Utilizes modified PCIT protocols to treat anxiety disorders

September 2012 – Present

**Psychology Intern - Practicum**  
**Child and Parent Psychological Services (CAPPS) Clinic**  
**Psychological Evaluation Research and Counseling Clinic (PERCC),**  
*Hofstra University, Hempstead, NY*  
**Supervisor: Phyllis Ohr, Ph.D.**

- Treats selective mutism via coaching parent-child interactions, guiding parents through in-vivo exposures, and leading direct school interventions
- Led a weekly Anger and Impulse Management (AIM) child group based on the Coping Power manual
- Led a weekly skills group for parents of children diagnosed with ADHD
- Conducts child intakes using a clinical interview and BASC-2
- Provides weekly individual psychotherapy with children
- Utilizes evidenced-based treatment protocols including the Coping Cat, Think Good-Feel Good, and SOS Help for Parents
- Engages parents in psychoeducation, coaching, and consultation
- Assembles treatment teams by training school psychologists, social workers, teachers, staff, and parents in clinical intervention skills
- Implements cognitive behavioral therapy techniques such as emotion recognition, behavior modification plans, and mindfulness techniques
- Collaborates with colleagues and supervisor during group supervision
- Peer supervises fellow students on a weekly basis

August 2013 – July 2014

**Senior Crisis Counselor**  
**Hofstra Student Counseling Services (SCS)**  
*Hofstra University, Hempstead, NY*  
**Supervisor: John Guthman, Ph.D., Dodie Gillett, Ph.D.**

- Conducted over 70 face-to-face risk assessments and crisis interventions for university students experiencing psychological distress, including suicidality, homicidality, and disordered thinking
- Responded to calls crises seven nights per week and on weekends
- Accompanied students to local hospitals for psychiatric evaluations and emergency screenings
- Counseled sexual assault survivors within crisis scenarios regarding available psychological, medical, and legal interventions
- Advocated for students' rights, safety, and well-being in various settings
- Engaged in on-site problem solving and critical decision making
- Constructed safety plans for suicidal students not admitted to the hospital
- Persuaded students in crisis to comply with emergency interventions
- Provided weekly psychotherapy sessions to students post-crisis

September 2013 – May 2014

**Psychological Examiner, Assessment Practicum**

*Psychological Evaluation Research and Counseling Clinic (PERCC),  
Hofstra University, Hempstead, NY*

**Supervisors: Allison Brennan, Ph.D., Shiela Perino, Ph.D.**

- Performed comprehensive evaluations of achievement and cognitive, emotional, and behavioral functioning in children and adolescents
- Conducted clinical interviews with parents, students, and teachers
- Designed assessment batteries based on pertinent background information
- Administered and scored psychological and achievement-based tests
- Integrated data from multiple measures into a written report to provide a meaningful summary, diagnosis, and recommendations
- Provided feedback and recommendations to clients and parents via informing conferences

**ASSESSMENTS ADMINISTERED**

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September 2012 – Present

• 16PF - 5<sup>th</sup> Edition • Anxiety Disorders Interview Schedule (ADIS-IV) • Beck Anxiety Inventory (BAI) • Beck Depression Inventory – 2<sup>nd</sup> Edition (BDI-II) • Beck Youth Inventories – 2<sup>nd</sup> Edition (BYI-2) • Behavior Assessment System for Children - 2<sup>nd</sup> Edition (BASC-2) • Bender Visual-Motor Gestalt Test, Second Edition (Bender-Gestalt II) • Brown Attention-Deficit Disorder Scales (BrownADDscales) • Children’s Memory Scale (CMS) • Conners 3<sup>rd</sup> Edition (Conners 3) • Developmental Test of Visual-Motor Integration - 5<sup>th</sup> Edition (Beery VMI) • Eyberg Child Behavior Inventory (ECBI) • Gray Oral Reading Tests - 5<sup>th</sup> Edition (GORT-5) • High School Personality Questionnaire (HSPQ) • Mindful Attention Awareness Scale (MAAS) • Minnesota Multiphasic Personality Inventory-2 (MMPI-2) • Minnesota Multiphasic Personality Inventory-Adolescent (MMPI-A) • Nelson-Denny Reading Tests • Parental Acceptance and Action Questionnaire (PAAQ) • Parenting Stress Index - Short Form (PSI-SF) • Rotter Incomplete Sentence Test • Selective Mutism Questionnaire (SMQ) • Stanford-Binet Intelligence Scales - 5<sup>th</sup> Edition (SB5) • Test of Variables of Attention (TOVA) • Wechsler Adult Intelligence Scale - 4<sup>th</sup> Edition (WAIS-IV) • Wechsler Individual Achievement Test - 3<sup>rd</sup> Edition (WIAT-3) • Wechsler Intelligence Scale for Children - 4<sup>th</sup> Edition (WISC-4) • Wechsler Memory Scale - 4<sup>th</sup> Edition (WMS-IV) • Wechsler Preschool and Primary Scale of Intelligence - 3<sup>rd</sup> Edition (WPPSI-3) • Woodcock-Johnson Tests of Achievement - Third Edition (WJ-III)

**RELEVANT WORK EXPERIENCE**

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September 2007 – August 2012

**Youth Mentor**

**Steve Mazza Mentoring (Self-Employed)**

*New York, NY*

- Mentored children that suffer from anxiety, Attention Deficit/Hyperactivity Disorder, and Oppositional Defiant Disorder
- Counteracted maladaptive behavior by modeling and promoting relevant/positive life skills, including compliance and self-regulation
- Utilizes selective attention and social reinforcement as a means of improving behavior and reducing anxiety

June 2006 – August 2012

**Division Leader**

***Hampton Country Day Camp***

*East Hampton, NY*

**Supervisor: Bob Ditter, M. Ed., L.C.S.W**

- Promoted optimal social and emotional development of 50-70 boys between the ages of 4-7 each summer
- Developed and implemented individualized behavior modification programs for campers suffering from anxiety, ADHD, and autism disorders
- Supervised, motivated, mentored, and evaluated 10-15 adolescent and college-aged counselors each summer
- Communicated with parents on a biweekly basis to discuss campers' interactions, behaviors, attitudes, and adjustment

**RESEARCH EXPERIENCE**

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December 2012 – Present

**Lead Therapist / Experimenter**

**Effects of Mindfulness Training on Parents' Distress Tolerance and Positive Parenting Skills in Parent-Child Interaction Therapy.**

*Hofstra University, Hempstead, NY*

**Researcher: Amber Ufford, M.A. Advisor: Phyllis Ohr, Ph.D.**

- Leads PCIT sessions while incorporating mindfulness-based parent coaching
- Conducts “mindfulness teach” sessions and leads mindfulness inductions
- Administers various psychological measures including the Mindful Attention Awareness Scale (MAAS), the Parenting Stress Index-Short Form (PSI-SF), and the Parental Acceptance and Action Questionnaire (PAAQ)

October 2012 – Present

**Research Assistant**

**Video Self-Modeling to Increase Positive Parenting Skills in Parents of Children with Autism**

*Hofstra University, Hempstead, NY*

**Researcher: Lindsay Brand, M.A. Advisor: Phyllis Ohr, Ph.D.**

- Codes parent behaviors during play sessions with autistic children
- Utilizes the Dyadic Parent-Child Interaction Coding System (DPICS-III)

September 2012 – March 2013

**Therapist / Experimenter**

**Modified Parent-Child Interaction Therapy for Selective Mutism: A Test of Generalization Across Settings**

*Hofstra University, Hempstead, NY*

**Researcher: Brittany Roslin, Ph.D. Advisor: Phyllis Ohr, Ph.D.**

- Employed a manualized PCIT-based parent-training protocol for treatment of selective mutism in children between the ages of 3-7
- Coached parents in using CDI (child-directed interaction) skills as a means of reinforcing speech and facilitating exposures
- Delivered psychoeducation to parents regarding the etiology and maintenance of selective mutism symptomology

March 2013

**Research Assistant**

**Effects of Sexualized Hip Hop Music Videos on Reported Risky Sexual Attitudes, Attention to Sexual Content and Body Objectification of Female Emerging Adults**

*Hofstra University, Hempstead, NY*

**Researcher: Wendesia White, M.A. Advisor: Phyllis Ohr, Ph.D.**

- Coded sexual suggestiveness and physical sexual contact in music videos
- Assisted in executing a dissertation pilot study

September – December 2011

**Student Intern**

**National Center for Children and Families**

*Teachers College, Columbia University, New York, NY*

**Supervisors: Jeanne Brooks-Gunn, Ph.D., Jondou Chen, Ph.D.**

- Conducted a factor analysis on NYC census data and aided in dissertation research on NYC schools
- Collected and coded open-ended questionnaire responses to create ordinal scales; calculated interrater reliability
- Input, coded, and validated quantitative and qualitative data
- Independently ran regression analyses and ANOVAs

## **TEACHING EXPERIENCE**

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January 2012 – May 2012

**Graduate Teaching Assistant**

*Teachers College, Columbia University, New York, NY*

**Jondou Chen, Ph.D., Adjunct Instructor**

- Developmental Psychopathology (graduate level)
- Methods of Empirical Research (graduate level)

January 2014 – May 2014

**Graduate Teaching Assistant**

*Hofstra University, Hempstead, NY*

**Phyllis Ohr, Ph.D., Associate Professor**

- Child Psychopathology (doctoral level)
- Cognitive Assessment (doctoral level)

## **POSTERS & PRESENTATIONS**

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Ohr, P.S., Solz, J., Bardin, A., Glueckman, B., & **Mazza, S. J.** (2013, November). *Parent-reported stress, cognitions, and child behavior during a parent-directed play intervention*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Nashville, Tennessee.

## **HONORS & AWARDS**

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2005 – Present

Periclean Honors Society, Skidmore College

2003 – 2007

Honors Forum, Skidmore College

2003 – 2007

Dean's List, Skidmore College

## **SPECIALIZED CLINICAL COLLOQUIUMS, TRAININGS, & SEMINARS**

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September 2014	“Organizational Skills Training for Children Diagnosed with ADHD” <i>Richard Gallagher, Ph.D.</i> Sponsored by NYU Langone Medical Center
May 2014	“Dialectical Behavior Therapy Training” <i>Joe Scardapane, Ph.D.</i> Sponsored by Hofstra University
March 2014	“Breaking Bad: Predicting and Preventing Violence in Children and Adults.” <i>Kathy Seifert, Ph.D.</i> Sponsored by Adelphi University.
October 2013	“Lessons learned from the Child/Adolescent Anxiety Multimodal Study.” <i>Anne Marie Albano, Ph.D., ABPP.</i> Sponsored by Hofstra University.
August 2013	“Crisis Intervention and Risk Assessment Training.” <i>John Guthman,</i> <i>Ph.D.</i> Sponsored by Hofstra Student Counseling Services.
April 2013	“Dialectical Behavior Therapy (DBT) for Adolescents with Emotional Dysregulation.” <i>Jill Rathus, Ph.D.</i> Sponsored by Hofstra University.
September 2012	Clinical Seminar in Interventions for Childhood Disorders, <i>Phyllis Ohr,</i> <i>Ph.D.</i> Sponsored by Hofstra University.
September 2012	“Attachment Theory and Psychotherapy Outcome.” <i>Eric M. Sauer, Ph.D.</i> Sponsored by Hofstra University.

## **PROFESSIONAL MEMBERSHIPS**

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September 2013 – 2014	Graduate Students in Clinical Psychology (GSCP), Student Member
September 2012 – Present	American Psychological Association, Student Affiliate (APAGS)
September 2012 – Present	Association for Behavioral and Cognitive Therapies (ABCT), Student Member
January 2005 – Present	Periclean Honors Society, Member

## **PHILANTHROPY**

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July 2014 – Present	<b>Founder &amp; Executive Director</b> <b>Play It Forward Project, Inc. (Non-Profit Organization)</b> <ul style="list-style-type: none"><li>• Founded a small 501(c)(3) non-profit organization that aims to empower songwriters to aid charities via the sale and distribution of their original music</li></ul>
April 2007 – May 2013	<b>Songwriter, Performer, &amp; Music Producer</b> <ul style="list-style-type: none"><li>• Independently composed, performed, and produced two music albums</li><li>• Donated 100% of revenue from album sales to non-profit organizations</li><li>• Raised over \$23,000 for children’s charities</li><li>• Proceeds founded the Special Needs Learning Center for children orphaned by AIDS at the Makhulong Orphanage in Pretoria, South Africa</li><li>• Proceeds provided the summer camp experience to 15 underprivileged, inner-city children via S.C.O.P.E. (Summer Camp Opportunities Promote Education, Inc.)</li></ul>