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Date CV Prepared: May, 2019

Education

08/2006 – 08/2013	Ph.D.	Vanderbilt University, Psychological Sciences Department Dissertation Title: <i>Scientific reasoning ability and children's learning of skills taught in cognitive therapy</i> Mentor: Judy Garber, PhD	Nashville, TN
08/2006 – 08/2008	M.S.	Vanderbilt University, Psychological Sciences Department	Nashville, TN
09/1998 – 05/2002	B.A.	Amherst College Major: Psychology, Magna Cum Laude	Amherst, MA

Licensure

10/2016 – Present	New York: License Number 021899
11/2016 – Present	Pennsylvania: License Number PS018180

Traineeship

10/2014 – 10/2016	UPenn Perelman School of Medicine, Department of Psychiatry <i>Ruth L. Kirchenstein NRSA Postdoctoral Fellow</i>	Philadelphia, PA
09/2013 – 09/2014	Rowan University School of Osteopathic Medicine, CARES Institute <i>Postdoctoral Fellow</i>	Stratford, NJ
07/2012 – 06/2013	Duke University Medical Center, Department of Psychiatry <i>Predoctoral Clinical Psychology Intern</i>	Durham, NC
08/2010 – 06/2011	Sexual Assault Center <i>Practicum Trainee</i>	Nashville, TN
08/2009 – 06/2011	Child and Adolescent Psychiatry Outpatient and School-Based Clinics <i>Practicum Trainee</i>	Nashville, TN
09/2008 – 12/2009	Adolescent Intensive Outpatient Program <i>Practicum Trainee</i>	Nashville, TN
07/2008 – 06/2009	Vanderbilt University, Psychological Sciences Department <i>T32 Predoctoral Trainee in Developmental Psychopathology</i>	Nashville, TN
06/2007 – 07/2008	Parent-Child Interaction Therapy Project <i>Practicum Trainee</i>	Nashville, TN

08/2006 – Together Initiating More Socially Adaptive and Realistic Attitudes Nashville, TN
 05/2008 *Prevention Group Leader*

Academic Appointments

07/2019 – Columbia University Medical Center, Department of Psychiatry New York, NY
 Present *Assistant Professor of Medical Psychology (in Psychiatry)*

02/2017 – Columbia University Medical Center, Department of Psychiatry New York, NY
 06/2019 *Instructor of Medical Psychology (in Psychiatry)*

10/2016 – UPenn Perelman School of Medicine, Department of Psychiatry Philadelphia, PA
 01/2017 *Psychologist*

Honors and Awards

10/2014 – Ruth L. Kirchenstein NRSA Postdoctoral Fellow, UPenn Perelman School of
 06/2016 Medicine

05/2014 Hardy Culver Wilcoxon Award, Vanderbilt University

11/2011 Dissertation Enhancement Grant, Vanderbilt University

07/2008 – Predoctoral Trainee, Developmental Psychopathology T32 Training Grant,
 07/2009 Vanderbilt University

08/2006 – Peabody Graduate Honor Scholarship, Vanderbilt University
 05/2011

08/2006 – Peabody College Student Travel Awards, Vanderbilt University
 06/2012

08/2006 Peabody Dean's Fellowship, Vanderbilt University

05/2002 Departmental Distinction in Psychology, Amherst College

Professional Organizations, Societies and Service

2011 – Present Member of Association for Behavioral and Cognitive Therapies

2002 – Present Member of Sigma Xi Science Honor Society

2011 – 2013 Member of Society for a Science of Clinical Psychology

Teaching Experience and Responsibilities

Educational Leadership

03/2018 – Director of Training Program, Columbia University Clinic for Anxiety and Related
 Present Disorders (CUCARD); Columbia University Medical Center, New York, NY

Clinical Supervision

02/2017 – Clinical Supervisor, Cognitive-Behavioral Therapy: Supervision of externs and
 Present postdoctoral fellows in the diagnosis and treatment of anxiety and related disorders
 Columbia University Clinic for Anxiety and Related Disorders (CUCARD)
 Columbia University Medical Center, New York, NY

- 2-3 weekly contact hours; Up to 4 trainees

10/2012 – Clinical Supervisor, Cognitive-Behavioral Therapy: Supervision of extern in individual,
06/2013 family, and group therapy
Psychosocial Treatment Clinic
Duke University Medical Center, Durham, NC

- 2 weekly contact hours; Up to 2 trainees

Specific Courses

Spring 2011 Instructor; Depression in Popular Culture; Vanderbilt University; Enrollment – 25

Spring 2007 Teaching Assistant; Adolescent Development; Vanderbilt University; Enrollment – 50

General Teaching Activities

02/2017 – Lecturer, Columbia University Clinic for Anxiety and Related Disorders (CUCARD)
Present Seminar Series on Psychopathology, Treatment of Anxiety and Related Disorders, and Ethics for psychology Externs and Post-Doctoral Fellows; Columbia University Medical Center; 2-5 lectures per year; Enrollment – Up to 8 trainees

03/2019 & Invited Workshop; Managing Stress and Anxiety, Beacon High School Annual Health and
03/2018 Wellness Day; Enrollment – 20-25 per workshop

05/2019, Guest Lecturer; Working with Reluctant Adolescents, Child Residency Program
05/2018, & Fundamentals of Therapy Course; NYPH Child & Adolescent Psychiatry Residency
05/2017 Training Program of Columbia & Cornell Universities - Enrollment- 17

09/2015 Workshop Instructor; CBT for Children and Adolescents with Histories of Trauma, Beck Institute; Enrollment – 30

03/2015 & Guest Lecture; Trauma-Focused Cognitive Behavior Therapy – The Trauma Narrative, St.
11/ 2013 Edward’s University; Enrollment – 35

06/2013 Guest Lecture; Developmental Considerations in Child and Adolescent Treatment, Duke University Medical Center, Psychology Fellow Seminar; Enrollment – 8

12/2012 Guest Lecture; Treatment of Depression in Children and Adolescents, Duke University Medical Center, Psychosocial Treatment Clinic Didactic; Enrollment – 20

11/2011 Guest Lecture; Trauma Focused Cognitive Behavioral Therapy, Vanderbilt University, Psychological Interventions with Children; Enrollment – 15

Other Trainee Advisory Roles

01/2011 – 05/2011 Statistics Mentor for M.Ed. Student in Human Development Counseling

08/2009 – 05/2011 Mentor for Undergraduate Honors Thesis, Vanderbilt University

01/2007 – 07/2009 Statistics Mentor for Undergraduate Honors Theses, Vanderbilt University

Other Professional Activities

03/2019	Panelist for ScienceFriday; Topic: Trauma and the movie <i>Us</i>
05/2018	Consultant for Teen Vogue; Topic: Post-Traumatic Stress Disorder
7/2017	Ad- Hoc Reviewer, Oxford University Press
12/2012	Panelist for Triangle Independent Schools College Counseling Association; Topic: Social Media Use in Children and Adolescents

Publications

Original, Peer Reviewed Articles

1. Garber, J., Goodman, S. H., Brunwasser, S. M., **Frankel, S. A.**, & Herrington, C. G. (2019). The effect of content and tone of maternal evaluative feedback on self-cognitions and affect in young children. *Journal of experimental child psychology, 182*, 151-165.
2. German, R. E., Adler, A., **Frankel, S. A.**, Stirman, S. W., Pinedo, P., Evans, A. C., ... & Creed, T. A. (2017). Testing a web-based, trained-peer model to build capacity for evidence-based practices in community mental health systems. *Psychiatric Services, 69*(3), 286-292.
3. Garber, J., **Frankel, S.A.**, & Herrington, C.G. (2016). Developmental demands of cognitive behavioral therapy for depression in children and adolescents: Cognitive, social, and emotional process. *Annual Review of Clinical Psychology, 12*, 181-216.
4. Creed, T. A., **Frankel, S.A.**, German, R.G., Green, K., Jager-Hyman, S., ... Beck, A.T. (2016). Implementation of transdiagnostic Cognitive Therapy in community behavioral health: The Beck Community Initiative. *Journal of Consulting and Clinical Psychology*. Advance online publication. <http://dx.doi.org/10.1037/ccp0000105>
5. Waltman, S., **Frankel, S.A.**, & Williston, M.A. (2016). Improving clinician self-awareness and increasing accurate representation of clinical competencies. *Practice Innovations, 1*(3), 178-188.
6. Creed, T.A., Waltman, S.H., **Frankel, S.A.**, & Williston, M.A. (2015). School-based cognitive behavior therapy: Current status and alternative approaches. *Current Psychiatry Reviews, 11*(4), 1-12.
7. Evans, L.D., Kouros, C., **Frankel, S.A.**, McCauley, E., Diamond, G.S., Schloedt, K., & Garber, J. (2015). Longitudinal relations between stress and depressive symptoms in youth: Coping as a mediator. *Journal of Abnormal Child Psychology, 43*, 355-368. Doi:10.1007/s10801-014-9906-5
8. Garber, J., **Frankel, S.A.**, & Street, B.M. (2009). Construct validity of childhood bipolar disorder: A developmental perspective. *Clinical Psychology: Science and Practice, 16*, 182-187.

Books and Chapters

1. **Frankel, S.A.**, Gallerani, C.M., & Garber, J. (2012). Cognitive behavioral therapy: Developmental considerations across childhood. In Szigethy, E., Weisz, J.R., & Findling, R.I. (Eds.). *Cognitive and Behavioral Therapy for Children and Adolescents* (pp.29-73). Arlington, VA: American Psychiatric Publishing, Inc.
2. Garber, J., Gallerani, C.M., & **Frankel, S.A.** (2009). Depression in children. In I.H. Gotlib & C.L. Hammen (Eds.). *Handbook of Depression (2nd Edition)* (pp.405-443). New York: Guilford Publications, Inc.

Conference Paper Presentations

1. **Frankel, S.A.**, Waltman, S. H., Williston, M.A., Pinedo, P., Beck, A.T., & Creed, T.A. (2015, June). *Incorporating stakeholder feedback to improve the acceptability of a cognitive therapy training program for community behavioral health*. Paper presented at the annual meeting of the Society for Psychotherapy Research, Philadelphia, PA.
2. Waltman, S.H., German, R.E., **Frankel, S.A.**, Sherrill, R.B., & Creed, T.A., (2015, June). *The relations among burnout, therapist turnover, and CT competency in a community mental health system*. Paper presented at the annual meeting of the Society for Psychotherapy Research, Philadelphia, PA.
3. **Frankel, S.A.**, Herrington, C.G., & Garber, J. (2015, March). *Scientific reasoning and learning of skills taught in cognitive therapy for depression in children*. Paper presented at the biennial meeting of the Society for Research on Child Development, Philadelphia, PA.
4. **Frankel, S.A.**, Garber, J., McCauley, E., Diamond, G., & Schloretdt, K. (2011, November). *Relations among depression, family context, and sex in offspring of depressed and non-depressed parents*. Paper presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Toronto.
5. Gallerani, C.M., **Frankel, S.A.**, Garber, J., Swan, R., Downs, L., Diamond, G., Schloretdt, K., & McCauley, E. (2011, November). *Change in self-reported versus observed hostility and communication in parents and their children following parental treatment for depression*. Paper presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Toronto.
6. Garber, J., **Frankel, S.A.**, Gallerani, C.M., & Martin, N. (2011, August). *Treating pediatric depression: Matching children's developmental level with therapeutic demands*. Paper presented at the annual convention of the American Psychological Association, Washington, D.C.
7. **Frankel, S.A.**, Gallerani, C.M., & Garber, J. (2010, November). *Individualizing treatment for youth depression: Assessment of developmental skills implicated in understanding and applying therapeutic strategies*. Paper presented at the meeting of the Association for Behavioral and Cognitive Therapies, San Francisco, CA.
8. Gallerani, C.M., **Frankel, S.A.**, & Garber, J. (2010, November). *Merging developmental and clinical psychology: Are manualized treatments for depression developmentally sensitive?* Paper presented at the meeting of the Association for Behavioral and Cognitive Therapies, San Francisco, CA.