

NITASHA SHETTY M.D.

3 Columbus Circle, Suite 1425
New York, NY 10019

Academic Appointments

- 9/2018 – present Assistant Professor in Psychiatry, Columbia University Medical Center
Director of Psychiatric Services at CUCARD
Columbia University Clinic for Anxiety and Related Disorders (CUCARD)
New York, NY
- 8/2017 – 6/2018 Instructor in Psychiatry, Columbia University Medical Center
Columbia University Clinic for Anxiety and Related Disorders (CUCARD)
New York, NY
- 7/2014 – 7/2015 Clinician Educator, Yale University Department of Psychiatry
New Haven, CT

Work Experience

- 7/2014 – 7/2015 Inpatient, Outpatient, and Intensive Outpatient programs in General Psychiatry, Dual-Diagnosis and DBT clinical tracks
Yale Psychiatric Hospital- New Haven, CT
West Haven Mental Health Center- West Haven, CT
- 7/2014 – 7/2015 Sessional work in Emergency Psychiatry
Saint Raphael's Hospital- New Haven, CT

Post doctoral training

- 7/2015 – 7/2017 Fellow, Child & Adolescent Psychiatry Training Program
New York Presbyterian Hospital, New York, NY (in partnership with Columbia University College of Physicians and Surgeons and Weill Cornell Medicine)
- 7/2010- 6/2014 Resident, General Psychiatry Residency
Yale University, New Haven, CT

Education

- 8/2006 - 05/2010 SUNY Buffalo School of Medicine, Buffalo, NY
Degree: Doctorate of Medicine
- 8/2001 - 5/2005 Columbia College, Columbia University, New York, NY
Degree: Bachelor of Arts, Sociology

Licensure and Board Certification

- 6/2012 – 11/2015 State of Connecticut, Medical License number 051118
6/2015 – 10/31/18 State of New York, Medical License number 279056

9/2014 Board Certified in Psychiatry, American Board of Psychiatry and Neurology
9/2017 Board Certified, American Board of Child and Adolescent Psychiatry

Honors

7/2016 – 7/2017 Chief Resident, Child & Adolescent Psychiatry Training Program of Columbia and Cornell Universities
New York Presbyterian Hospital, New York, NY

6/2012 Ira Levine Award for Clinical Excellence
Yale Department of Psychiatry- New Haven, CT

6/2010 Departmental Award in Psychiatry
University at Buffalo School of Medicine and Biomedical Sciences- Buffalo, NY

Professional Organizations

2017 – present American Academy of Psychodynamic Psychiatry and Psychoanalysis

2015 - present New York Council for Child and Adolescent Psychiatry

2015 - present American Academy of Child and Adolescent Psychiatry

2010 - present American Psychiatric Association

Institutional Leadership

3/2018 – 6/2018 Quality Assurance Committee Member
Columbia Doctors, New York, NY

7/2016 – present Recruitment Committee Member
Child & Adolescent Psychiatry Training Program of Columbia and Cornell Universities
New York Presbyterian Hospital, New York, NY

7/2015 – present Program Evaluation Committee
Child & Adolescent Psychiatry Training Program of Columbia and Cornell Universities
New York Presbyterian Hospital, New York, NY

7/2014 – 6/2015 Recruitment Committee Faculty Member
Yale University Department of Psychiatry- New Haven, CT

7/2012 – 6/2014 Resident Liaison, Yale Psychoanalytic Gathering Group
Yale University Department of Psychiatry- New Haven, CT

7/2013 – 6/2014 Co-facilitator, Yale Psychiatric Resident Peer Supervision Group
Yale University Department of Psychiatry- New Haven, CT

7/2012 – 6/2013 Medical Student Education Committee
Yale University Department of Psychiatry- New Haven, CT

Teaching Experience

- 7/2018 - present Technique Supervisor, Child and Adolescent Psychiatry Fellowship training program
Morgan Stanley Children's Hospital of NYP, New York, NY
- 5/2018 The Quad Preparatory School inviter speaker: "Clinical Guidelines to Treating ADHD,
Anxiety, and Depression in Children and Adolescents."
Breakthroughs in 2e Education Conference, New York, NY
- 5/2018 Clinical Symposium: co-presenter in group presentation "Disruptive Children and
Chaotic Families: Multimodal Treatment Approaches (Psychodynamic, Behavioral, and
Family) in Child and Adolescent Psychiatry."
The American Academy of Psychodynamic Psychiatry and Psychoanalysis, 62nd annual
meeting, New York, NY
- 12/2017 - present Psychopharmacology Overview
Columbia University Clinic for Anxiety and Related Disorders- New York, NY
- 12/2017 – present Alcohol and Illicit Substances: Clinical Implications
Columbia University Clinic for Anxiety and Related Disorders- New York, NY
- 11/2016 Clinical Grand Rounds Presentation (Topics: Adoption, Attachment Disorders, Trauma,
Neglect)
Columbia Psychiatric Institute- New York, NY
- 7/2016 – 7/2017 Medical Student Teaching: Disruptive Behavior Disorders
Columbia University College of Physicians and Surgeons- New York, NY
- 9/2015-10/2015 Interdisciplinary Case Conference Presentations:
(Topics: Childhood Grief, Traumatic Brain Injury)
Weill Cornell Department of Psychiatry Interdisciplinary Conference
NYPH – Weill Cornell, New York, NY
- 5/ 2014 Community Health Fair inviter speaker: "Psychological Changes and Wellness Strategies
for Older Adults."
Jacob Riis Settlement House- Queens, New York
- 3/2014 New Haven Support Court invited speaker: "Effects of Childhood Trauma."
New Haven District Courthouse- New Haven, CT
- 2013 – 2015 Medical Student Teaching: Psychiatric Interview
Yale University School of Medicine- New Haven, CT
- 2009 – 2010 Teaching Assistant, Psychiatry and Neurology Modules
University of Buffalo School of Medicine- Buffalo, NY

PUBLICATIONS

- 7/2013 – 4/2017 Co-editor of Curriculum Chapter: “Adolescent Depression”
Yale Department of Pediatrics- New Haven, CT
- 4/2013 – 10/2014 Co-editor of Book Chapter: “Side Effects in Psychopharmacology”
International Encyclopedia of Social and Behavioral Sciences, 2nd edition
Pergamon Publishing Company, 2015