

Nicholas Charles Crimarco, Ph.D.
CUCARD Westchester
155 White Plains Rd.
Tarrytown, NY 10591
646-317-3586

Date of preparation: December 22nd 2020

Work Experience

Sept. 2016 – Present	Columbia University Clinic for Anxiety and Related Disorders <i>Staff Psychologist/Assistant Professor</i> <i>CUCARD Westchester Training Director</i> <i>Clinical supervision and didactic programming for trainees</i> <i>Marketing and Communications Committee Member for Columbia Psychiatry</i>	Tarrytown, NY
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Post Doctoral Training

Sept. 2015 – Sept. 2016	Northwell Health, Behavioral Health College Partnership <i>Post Doctoral Fellow</i> Supervisors: Candice La Lima, Ph.D. Laura Braider, Ph.D.	Glen Oak, NY
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Education

Sept. 2009 – August 2015	Hofstra University Ph.D. Clinical Psychology, August 2015	Hempstead, NY
May 2012 – August 2015	Dissertation Sponsor: Richard M. O'Brien, August 2015 Crimarco, N. C. (2015). <i>Soccer Heading and Cognitive Functioning in Collegiate Athletes: The Association Between Intelligence and Sub-Concussive Head Trauma</i> (Doctoral dissertation, HOFSTRA UNIVERSITY).	Hempstead, NY
Sept. 2009 - August 2010	Hofstra University M.A. Clinical Psychology, August 2010	Hempstead, NY
Sept. 2003 - May 2009	Pace University, Combined Degree Program M.S. Mental Health Counseling, May 2009 B.A. Psychology, May 2009	Pleasantville, NY

Supervised Clinical Training

Sept. 2014 – Aug. 2015	University of Michigan, Mary A. Rackham Institute <i>Psychology Intern (APPIC Internship)</i> Supervisors: Michelle Van Etten Lee, Ph.D. (Adult) Cynthia Ewell-Foster, Ph.D. (Child/Adolescent) Erin Hunter, Ph.D. (Child/Adolescent)	Ann Arbor, MI
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Aug. 2013 – July 2014	Northshore LIJ, Behavioral Health College Partnership <i>Psychology Extern</i> Supervisors: Melanie Levine, Ph.D. Laura Braider, Ph.D.	Glen Oaks, NY
July 2012 – July 2014	Northshore LIJ, OCD and Bipolar Centers <i>Psychology Extern</i> Supervisors: Anthony Pinto, Ph.D. Alison Gilbert, Ph.D.	Glen Oaks, NY
Aug. 2011 – Aug. 2012	St. John’s Episcopal Hospital CMHC <i>Psychology Extern</i> Supervisor: Mitchell Schare, Ph.D.	Far Rockaway, NY
May 2010 – Sept. 2014	Hofstra, Child and Parent Psychological Services Clinic <i>Psychology Trainee</i> Supervisor: Phyllis Ohr, Ph.D.	Hempstead, NY
Sept. 2009 – Sept. 2014	Hofstra, Acceptance and Commitment Therapy Clinic <i>Psychology Trainee</i> Supervisor: Joseph R. Scardapane, Ph.D.	Hempstead, NY
Sept. 2010 – May 2011	Hofstra, Psychological Evaluation and Research Clinic <i>Psychological Testing Trainee</i> Supervisors: Howard Kassinove, Ph.D. Sheila Perino, Ph.D. (Child/Adolescent)	Hempstead, NY
Sept. 2008 - Sept. 2009	Center for Cognitive Behavioral Psychotherapy <i>Mental Health Counseling Intern</i> Supervisor: Steven Phillipson, Ph.D.	New York, NY

Licensure and Board Certification

July 2020 – Nov 2020	Temporary License in New Jersey # NJDCATEMP-024843
August 2016 – Present	New York State License # 021769-1
August 2014 – Present	NPI# 1902206253
Oct. 2015 – Oct. 2016	New York State Limited Permit# P99653
Aug. 2014 – July 2016	Michigan State Temporary Limited License Permit (TLLP)

Clinical Leadership

July 2019 – Current Manhattan, NY	Building and Developing School and Social Emotional Skills (BUDS) <i>Assistant Director</i>
Sept. 2019 – Current	Columbia University Clinic for Anxiety and Related Disorders Tarrytown, NY <i>Training Director</i>

Sept. 2017- Sept. 2019 **Columbia University Clinic for Anxiety and Related Disorders** Tarrytown, NY
Externship Coordinator

Teaching Experience

Sept. 2016 – Present **Columbia University Medical Center Assistant Professor**
Interoceptive Exposure Therapy
Imaginal Exposure Therapy
Exposure and Response Prevention
Acceptance and Commitment Therapy
Parent Child Interaction Therapy
Preventing Burnout
Mindfulness
Treating School Refusal
Managing Holiday Stress
Body Focused Repetitive Behaviors
Body Dysmorphic Disorder
Obsessive Compulsive Disorder

Sept. 2015 – Sept. 2016 **Northwell Health Specialized Ambulatory Center** Glen Oaks, NY
Lecturer/Clinical Consultant

May 2011 – August 2015 **Hofstra, Child and Parent Psychological Services Clinic** Hempstead, NY
Peer Supervisor

December 2013 **Hofstra University**
Guest Lecturer: Acceptance and Commitment Therapy

July 2012 – May 2014 **SUNY Old Westbury** Old Westbury, NY
Adjunctive Professor
Brain and Behavior

Nov. 2011 – Aug. 2012 **St. John's Episcopal Hospital** Far Rockaway, NY
Instructor

Jan. 2010 – May 2011 **Hofstra University,** Hempstead, NY
Teaching Assistant
Graduate Statistics
Undergraduate Statistics
Objective Personality Assessment

Research Experience

Sept. 2015 – Sept. 2016 **Northwell Health OCD Center** Glen Oaks, NY
Research Clinician
Principal Investigator: Anthony Pinto, Ph.D.
Grants worked under: Pfizer Health, Wellcome Trust

May 2011 – Oct 2012 **Hofstra University, Master Thesis** Hempstead, NY
Supervisors:
Vincent Brown Ph.D.

Mitchell Schare, Ph.D.

Sept. 2010 – Sept. 2014	Hofstra, Child and Parent Psychological Services Clinic <i>Research Clinician/Author</i>	Hempstead, NY
Sept. 2009 – Sept. 2010	Hofstra, Acceptance and Commitment Therapy Clinic <i>Research Assistant/Author</i>	Hempstead, NY

Publications

Peer-Reviewed Research Publications in Print or other Media

- Gillan C., Kalanthroff, E., Evans, M., Weingarden, H., Jacoby, R., Gershkovich, M., Snorrason, I., Campeas, R., Cervoni, C., Crimarco, N.C., Sokol, Y., Garnaat, S., McLaughlin, N., Phelps, E., Pinto, A., Boisseau, C., Wilhelm, S., Daw, N., Simpson, H. B. (2019) Comparison of the Association Between Goal Directed Planning and Self- Reported Compulsivity vs. Obsessive Compulsive Disorder Diagnosis. *Journal of the American Medical Association Psychiatry*.
- Braider, L., La Lima C., Crimarco, N.C., Greenwald, B., Hollander, B., (2018) Characterization of Psychiatrically Hospitalized College Students. *Journal of American College Health*.
- Schwartz, J.J., Crimarco, N. C., Bregman, Y., & Umeoji, K. R. (2013). An investigation of the functional significance of responses of the gray treefrog (*hyla versicolor*) to chorus noise. *Journal of Herpetology*, 47(2), 354-360.

Reviews, Chapters, Monographs, Editorials

- Crimarco N. C. (2018) Obsessive Compulsive Disorder (OCD) Fact Sheet. Retrieved from <https://www.columbiadoctors.org/condition/obsessive-compulsive-disorder-ocd>
- Crimarco, N. C. (2017). Generalized Anxiety Disorder Fact Sheet. Retrieved from <https://www.columbiadoctors.org/condition/generalized-anxiety-disorder>
- Crimarco, N. C. (2006). Just following orders in Abu Ghraib: As psychology views it. *Transactions: Journal of the Society of Fellows*.

Educational Contributions

Direct Supervision (2017-current)

- Primary supervisor to psychology externs
- Review and sign all documentation on supervised cases
- Oversee all care provided by psychology externs on supervised cases
- Ensure psychology externs are provided training and supervision consistent the NY/NJ Guidelines for Psychology Externs

Community Education

- Interviewed by Anna Borges for Self magazine article “Here’s When Hair-Pulling, Skin-Picking, or Nail-Biting Becomes a Disorder”

Presentations

- Crimarco, N.C., Puliafico, A. (2020, December) *Helping Students and Families Manage the Holidays During Covid-19*. Northern Westchester/Putnam BOCES. Telepresentation. Yorktown Heights, NY.
- Crimarco, N.C. (2020, September) *Acceptance and Commitment Therapy*. Lecture to Columbia Children’s Day Unit, New York, NY.

- Crimarco, N.C. (2019, December) *Managing School Refusal and Avoidance*. Horace Greeley High School, Chappaqua, NY.
- McGovern, A., Engle, E., Shepherd, C., Crimarco, N.C., Kaminetsky, E. (2019, November) *Beyond the Office: Benefits, Challenges, and Considerations for the Use of Telehealth in Diverse Clinical Settings*. Panel discussion presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Atlanta, GA.
- Crimarco, N.C. (2019, October) *Acceptance and Commitment Therapy*. Lecture to Columbia Children's Day Unit, New York, NY.
- Crimarco, N.C. (2019, January) *Advanced Concepts in Managing School Refusal and Avoidance*. Hillsdale Central School District, Hillsdale NJ.
- Crimarco, N.C. (2018, October) *Exposure therapy: Theory and Practice*. Lecture to Columbia Children's Day Unit, New York, NY.
- Crimarco, N.C. (2018, October) *Identifying and Managing School Refusal and Avoidance*. Hillsdale Central School District, Hillsdale NJ.
- Crimarco, N.C. (2018, September) *Feelings Heroes: A primary prevention program for anxiety in school aged children*. Northern Westchester BOCES. Yorktown Heights, NY.
- Crimarco, N.C. (2018, July) *Identifying and Managing School Refusal and Avoidance*. Student Advocacy Network. Elmsford, NY.
- Crimarco, N.C. (2018, March) *Issues Facing Teens*. Panelist on a presentation for Bronx High School of Science. Bronx, NY.
- Crimarco, N.C. (2017, December) *Identifying and Managing School Refusal and Avoidance*. Workshop presented to the community for Project Resilience. Ridgefield, CT.
- Crimarco, N.C. (2017, July) *Identifying and Managing School Refusal and Avoidance*. Workshop presented to Kids in Crisis. Cos Cob, CT.
- Crimarco, N.C. (2017, November) *Interoceptive and Imaginal Exposure Therapy*. Lecture to Columbia Children's Day Unit. New York, NY.
- Crimarco, N.C., Spoto, D. (2017, July) *Identifying and Managing School Refusal and Avoidance*. Full day workshop provided to community and school providers at CUCARD Westchester. Tarrytown, NY.
- Crimarco, N.C. (2017, March) *Identifying and Managing School Refusal and Avoidance*. Workshop presented to the Harrison School District, Harrison, NY.
- Ohr, P. S., Solz J., Crimarco N. C., Barden A., Glueck B, Mazza S., Ufford A. (2013, November) *Parent-Reported Stress, Cognitions, and Child Behavior during Parent-Directed Play Interventions*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Nashville, TN.
- Crimarco, N. C., Brown, V. R., Schare, M. L., & Ufford, A., (2012, November). *The Mediating Effect of Obsessive-Compulsive Symptom Dimensions on Performance during a Decision Making Task*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, National Harbor, MD.
- Ohr, P. S., Vidair, H., Crimarco, N. C., Hu, J., & Payne, E., (2012, November). *Video-Mediated Thoughts and Feelings of Parents During Parent-Child Play*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, National Harbor, MD.
- Ohr, P.S., Vidair, H., Leff, B., Solz, J., White, W., Crimarco, N., ... Hu, J. (2011) *Video-Based CBT As an Adjunct to Parent-Child Interaction Therapy for Parents with Negative Emotionality*. Poster presented at the annual meeting of the American Psychology Association, Washington D.C.
- Vidair, H., Ohr, P. S., Casey, C., Renz, J., Norris, C., Kaish, S. B., Solz, J., Leff, B., Pleickhardt, H., White, W., Hu, J., Crimarco, N. C., Gonen ,M., & Sauro, D. (2011, November). *Mommy Think, Mommy Do: The Relationship Between Maternal Video-Mediated Cognitions and Verbalizations During Stressful Parent-Child Interactions*. Poster presented at the Annual Conference of the Association for Behavioral and Cognitive Therapies, Toronto.
- Ohr, P. S., Vidair, H., Leff, B., Pleickhardt, H., Solz, J., White, W., Hu, J., Crimarco, N. C., & Gonen, M. (2011, November) *A Video-Mediated Cognitive-Behavioral Approach to Reducing Negative Emotionality in Parents Prior to Parent-Child Interaction Therapy*. Poster session presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Toronto.

- Kant-Harris, C., Scardapane, J. R., & Crimarco, N. C. (2010, November). *The Use of Values-Enhanced Mindfulness-Based Stress Reduction (VEMBSR) to Increase Experiential Willingness, Mindfulness, and Self-Care Behaviors in Clinical Psychology Trainees*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, San Francisco.
- Disclafani, J., Kant, C., McKelvey, J., Deliberto, T., McCabe, A., Crimarco, N. C., Rudolph A., Reinharth, J., Dublin, R., Lazarovich, R., & Scardapane, J. R. (2009, November) *The Effects of Brief Instructions on the Completion of Repeated Behavioral Approach Tests by Participants with Varying Degrees of Spider Fear*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.

Professional Activities

December 2020 – Present	ColumbiaDoctors Diversity Committee
August 2018	Feelings Heroes: A primary prevention program for school aged children (Puliafico, A., Crimarco, N.C., DeAngelis, C., 2018)
June 1018 – Present	ColumbiaDoctors Marketing and Communications Committee
June 2016 – Present	CUCARD Westchester Externship and Training Coordinator
November 2017 – Present	Association for Behavioral and Cognitive Therapy <i>Member of Website Editorial Board</i> <i>Ambassador for CUCARD to ABCT</i>
July 8 th , 2012	CUMC, NYC Triathlon
July 13 th , 2013	<i>Sports Psychologist Assistant</i>
June 2010 – Aug. 2013	Hofstra, Psychological Evaluation and Research Clinic <i>Testing Administrator</i>

Honors and Awards

September 2018	Columbia Doctors Above and Beyond Patient Safety Award	New York, NY
Sept. 2009 – Aug. 2015	Hofstra University, Research Fellowship	Hempstead, NY
May 2009	Pace University, Summa Cum Laude	Pleasantville, NY
May 2009	Pace U., Outstanding Achievement in a Combined Degree	Pleasantville, NY
Sept. 2003 - May 2009	Pace University, Pforzheimer's Honors College	Pleasantville, NY
Sept. 2003 - May 2008	Pace University, Presidential Scholarship	Pleasantville, NY

Professional Memberships

Sept. 2009 - Present	Association for Behavioral and Cognitive Therapies
Sept 2009 – Present	Association for Contextual and Behavioral Sciences

Specialized Training and Workshops

Certified PCIT Therapist

PCIT International

Clinical Seminar in Sports Psychology

Hofstra University · Hempstead, NY

Clinical Seminar in Exposure Therapy

Hofstra University · Hempstead, NY

Clinical Seminar in Group Psychotherapy

Hofstra University · Hempstead, NY

Workshop in Motivational Interviewing

Hofstra University · Hempstead, NY

Workshop in Acceptance and Commitment Therapy

Hofstra University · Hempstead, NY

Institute on Functional Analytic Psychotherapy

Association for Behavioral and Cognitive Therapies

Annual Conference · San Francisco, CA

Workshop in Evidenced Based Child and Adolescent Therapy

Hofstra University · Hempstead, NY

Child Abuse and Maltreatment/Neglect:

Identification and Reporting New York State Mandatory Course

CBT for Child Anxiety Workshop

Hofstra University · Hempstead, NY

Clinical Seminar on the Rorschach

Hofstra University · Hempstead, NY

Trauma Focused CBT

Medical University of South Carolina Online Training