

JENEANE D. SOLZ, PH.D.

EDUCATION

- August 2015 **Ph.D. in Clinical Psychology**
Hofstra University, *Hempstead, NY* (APA Accredited)
Director of Clinical Training: Mitchell L. Schare, Ph.D., ABPP
Mitchell.Schare@Hofstra.edu
- May 2010 **M.A. in Clinical Psychology (en route)**
Hofstra University, *Hempstead, NY* (APA Accredited)
- May 2006 **B.A., Psychology *Cum Laude***
Boston University, *Boston, MA*
Statistics minor

SUPERVISED CLINICAL TRAINING

- September 2015-
Present **Postdoctoral Clinical Fellow**
Columbia University Clinic for Anxiety and Related Disorders (CUCARD)
ADHD and Behavioral Disorders Program
Columbia University Medical Center Child and Adolescent Psychiatry
New York, NY
Supervisor: Vasco Lopes, Psy.D.
- July 2014- June 2015 **Psychology Intern, Child and Adolescent Psychology Track**
The NYU-Bellevue Clinical Psychology Internship Program
New York, NY
- NYU Child Study Center*
Institute for Attention Deficit Hyperactivity and Behavior Disorders
Anita Saltz Institute for Anxiety and Mood Disorders
Family Studies Program
Adolescent Dialectical Behavior Therapy Program
Institute for Learning and Academic Achievement
- Provides outpatient therapy for children, adolescents, and families.
 - Implements cognitive behavioral therapy, behavioral parent management training, Parent Child Interaction Therapy, systemic family therapy, individual Dialectical Behavior Therapy (DBT) with phone coaching and consultation team
 - Co-leader in DBT parent graduate group, and DBT multi-family skills group
 - Conducts diagnostic and neuropsychological evaluations, provides feedback and recommendations, and produces written reports
 - Participates in weekly supervisions, live supervision, and multidisciplinary case conferences. Additional didactics via seminars, training workshops, and child psychiatry grand rounds
- Bellevue Hospital Center*
Adult Mental Hygiene Clinic
Chemical Dependency Outpatient Program
Adolescent Inpatient Psychiatry Unit
Child and Adolescent Comprehensive Psychiatric Emergency Program
- Provides individual outpatient therapy for adults
 - Implements integrative psychotherapeutic approaches, motivational

interviewing, relapse prevention, cognitive behavior therapy for psychosis, and acceptance and commitment therapy

- Provides intensive individual therapy on an inpatient unit. Utilizes and adapts evidence based treatment approaches including TF-CBT, DBT, CBT, Exposure and Response Prevention, and safety planning
- Conducts intake interviews and risk assessments, facilitates family meetings, collaborates with treatment team and collaterals, and participates in discharge planning
- Lead/ co-lead various groups: Skills Training in Affective and Interpersonal Regulation (STAIR) groups for adolescents affected by trauma, as well as CBT and support groups for adults in the chemical dependency intensive outpatient program
- Actively participates in weekly individual supervision, collaboration with multidisciplinary treatment teams across settings, gives and provides feedback at weekly psychology case conference, attends weekly didactic seminars, presents and participates in weekly journal club, and provided a staff in-service training on acceptance and commitment therapy
- Conducted rapid psychiatric assessment of children and adolescents presenting in crisis, engaged children and families in crisis management, and discharge planning, and follow up.

September 2013 –
May 2014

Psychology Intern, Practicum

The Acceptance and Commitment Therapy Clinic

Psychological Evaluation Research and Counseling Clinic (PERCC),

Hofstra University, Hempstead, NY

Supervisor: Joseph R. Scardapane, Ph.D.

- Provided weekly individual psychotherapy with adults emphasizing values, behavioral commitment, and acceptance
- Collaborated with colleagues and supervisors during multidisciplinary case conferences
- Engaged in weekly group supervision integrating mindfulness based experiential learning practices and direct case review

September 2009 –
May 2014

Psychology Intern, Practicum

Child and Parent Psychotherapy Services Clinic (CAPPS)

Psychological Evaluation Research and Counseling Clinic (PERCC),

Hofstra University, Hempstead, NY

Supervisor: Phyllis Ohr, Ph.D.

- Provided therapy for children, parent consultations, and family counseling
- Implemented cognitive behavioral therapy and utilized evidenced based treatment protocols
- Co-facilitated a weekly anger management and impulse control group for school age boys
- Served as the clinic intake coordinator and conducted intakes
- Participates in leading large group supervision
- Conducts peer supervision of other Ph.D. candidates

September 2009 –
May 2014

Parent Child Interaction Therapy (PCIT) Specialist, Practicum

Child and Parent Psychotherapy Services Clinic (CAPPS)

Psychological Evaluation Research and Counseling Clinic (PERCC),

Hofstra University, Hempstead, NY

Supervisor: Phyllis Ohr, Ph.D.

- Conducted observational baseline assessment of presenting problems

September 2012-
July 2013

- Conducted weekly PCIT sessions for parent-child dyads to foster relationship building skills and behavioral management techniques
- Actively participated in supervision and skill development trainings
- Presented didactic training to other Ph.D. candidates on the Dyadic Parent-Child Interaction Coding System (DPICS).
- Completed requirements for PCIT certification

Psychology Extern

Long Island Jewish Medical Center Health System
Manhasset, New York

**North Shore University Hospital Division of Trauma Psychiatry
Crime Victims Program & Rosen Family Wellness Center for Law
Enforcement and Military Personnel**

Supervisors: Jill Sonnenklar, Ph.D. & Jennifer Newman, Ph.D.

- Provided therapy for children and adults in two independent hospital clinics
- Utilized evidence based treatment protocols including TF-CBT and CPT
- Conducted weekly trauma sensitive PCIT sessions
- Actively participated in individual supervision that integrated Cognitive Behavioral, Psychodynamic, and Family Systems theories
- Conducted school observations and consultations, educating school personnel about military families and the effects of trauma
- Collaborated with multidisciplinary team at case conferences
- Attended child psychiatry grand rounds
- Facilitated completion of a research project on long term effects of relocation after a natural disaster

Cohen Children's Medical Center of NY, ADHD Center

Supervisors: Jill Sonnenklar, Ph.D. & Robert Dimino, Ph.D.

- Provided weekly group psychotherapy for children with ADHD
- Performed comprehensive evaluations on adults and children of their personality, and their cognitive, emotional and behavioral functioning
- Integrated various data in a written report to provide a meaningful summary, diagnosis, and recommendations
- Actively participated in group supervision

July 2011-July 2012

Psychology Extern

NYU Child Study Center
New York, New York

Institute for Attention Deficit Hyperactivity and Behavior Disorders

Supervisors: Timothy Verduin, Ph.D., Yamalis Diaz, Ph.D., & Daniela Montalto, Ph.D.

- Provided weekly psychotherapy with children, and parent consultation
- Implemented cognitive behavioral therapy techniques such as emotion recognition, perspective taking, psychoeducation, self monitoring, progressive muscle relaxation, diaphragmatic breathing, exposure, social skills training, assertiveness training, behavior contracting and star chart reinforcement systems
- Conducted school observations, including implementation of a modified RED-SOCS protocol
- Generated reports pertaining to assessments and recommendations
- Facilitated communication between parents and school personnel regarding treatment implementation
- Conducted weekly PCIT sessions

- Actively participated in supervision and skill development trainings
- Began PCIT certification process
- Collaborated with multidisciplinary team at case conferences
- Attended child psychiatry grand rounds

Selective Mutism Program

Supervisor: Richard Gallagher, Ph.D.

- Implemented cognitive behavioral therapy to enhance nonverbal and verbal communication for children with Selective Mutism during an intensive week therapeutic summer camp
- Utilized video self modeling as a feed forward technique, a token economy to reinforce engaging in graduated exposures, relaxation exercises, and positive self talk

November 2009-
May 2012

Psychology Intern, Practicum

**Diagnostic and Research Institute for Autism Spectrum Disorders,
*Psychological Evaluation Research and Counseling Clinic (PERCC),
Hofstra University, Hempstead, NY***

Supervisor: Kim Gilbert, Ph.D.

- Utilized Milieu Communication Training (MCT) during individual weekly sessions to enhance language in a child with an autism spectrum disorder
- Co-led a social skills group for 6 year old children diagnosed with an autism spectrum disorder \
- Implemented intervention using various materials including the Cognitive Affective Training (CAT) Kit and utilized applied behavior analytic techniques to increase pro-social behavior
- Collaborated with other trainees and supervisor to identify goals and plan weekly agendas during groups supervision
- Participated in in-depth training of ADOS administration and scoring
- Administered comprehensive evaluation battery for child with an autism spectrum disorder generating a written report to provide meaningful summary, diagnosis, and recommendations

September 2010-
May 2011

Psychology Intern, Assessment Practicum

***Psychological Evaluation Research and Counseling Clinic (PERCC),
Hofstra University, Hempstead, NY***

Supervisors: Howard Kassinove, Ph.D., & Sheila Perino, Ph.D.

- Performed comprehensive evaluations on adults and children of their cognitive, emotional and behavioral functioning
- Designed and implemented assessment batteries including a clinical interview and appropriate intellectual and personality assessments
- Provided feedback and recommendations to patients or guardians
- Integrated various data in a written report to provide a meaningful summary, diagnosis, and recommendations

RELATED CLINICAL EXPERIENCE

September 2009 –
December 2013

Volunteer Behavior Therapist

***Association for the Advancement of the Blind and Retarded (AABR)
Richmond Hill, NY***

- Implements applied behavioral analysis techniques to teach a teenage male with Autism educational, social, and life skills in his home and community
- Collaborates with his family and treatment team to aid in setting goals to ensure the client's progress

- Trains direct care workers in a group home setting to implement behavior modification strategies

December 2010

Volunteer

Child Mind Institute – Brave Buddies Booster Program

New York, New York

Supervisor: Steve Kurtz, Ph.D.

- Received training in Parent Child Interaction Therapy modification for Selective Mutism
- Displayed mastery of Child Directed Interaction skills
- Implemented behavioral techniques in an intensive full day booster session for children with Selective Mutism
- Developed reinforcement systems and schedules for booster session

CLINICAL WORK EXPERIENCE

September 2006-
August 2009

Behavior Therapist

New York Child Learning Institute

College Point, NY

- Developed and implemented individualized treatment, educational and home programs
- Used applied behavior analysis to target problem behaviors and teach an array of skills to adolescents with autism
- Collected, recorded, and analyzed data to make treatment decisions
- Provided skills training in prevocational, home living, academic and social areas
- Conducted training for parents and staff in home, school, and community settings
- Participated in research on the use of expressive language with peers
- Attended conventions on autism research to enhance professional growth

June 2008 –
July 2008

Education Counselor

The NYU Child Study Center – Summer Program for Kids

Lake Success, NY

- Used behavior modification techniques and social skills training in a camp setting with children diagnosed with ADHD, ODD, Aspergers and Anxiety Disorders
- Implemented a token economy as well as individualized behavior contracts
- Conducted data collection, entry, and analysis
- Assessed literacy, reading comprehension, grammar, vocabulary, handwriting, mathematics, and computer literacy skills

RESEARCH EXPERIENCE

June 2012- Present

Researcher: Doctoral Dissertation

Video Self-Modeling as Exposure with and without Contingency Management in Treating Youth with Selective Mutism

Hofstra University, Hempstead, NY

Dissertation Committee: Phyllis Ohr, Ph.D. (Sponsor), Richard M. O'Brien, Ph.D., Richard Gallagher, Ph.D.

- This study uses a single subject multiple baseline design across subjects that will evaluate the independent and combined effects of video self-modeling and contingency management reinforcement for Selective Mutism on increasing speech and decreasing anxiety.

January 2013-
Present

Researcher

Psychopathology 20 Years After the 1988 Earthquake in Armenia

North Shore-Long Island Jewish Health System, Manhasset, NY

Principal Investigator: Louis M. Najarian, M.D.

- Scored Armenian translations of the SCL-90 and the UCLA PTSD
- Performed data entry and analysis
- Contributed to literature review and interpretation of study results
- Collaborates on preparation of presentation materials and publication submissions

September 2010-May
2014

Experimenter/ Lab Member

Child and Parent Psychotherapy Services Clinic (CAPPS),

Psychological Evaluation Research and Counseling Clinic (PERCC),

Hofstra University, Hempstead, NY

Supervisor: Phyllis Ohr, Ph.D.

Effect of Motivational Interviewing on Treatment Adherence of PCIT among Non-adherent Parents

Researcher: Heather Pleickhardt, M.A.

- Conducts motivational interviewing sessions to increase adherence to therapy targeting regular attendance, homework completion, and follow through with treatment recommendations

Effect of the Child Directed Interaction Phase of Parent-Child Interaction Therapy on Behavioral Impulsivity in Young Children

Researcher: Ranita Pekarsky

- Coached parents to utilize child directed intervention skills and behavior management skills to target impulsive behavior
- Contributed to development of the behavioral observation system used to measure in-session impulsive behaviors

Effect of Exposure Based PCIT on Childhood Obsessive-Compulsive Behaviors

Researcher: Richard Lopez, Ph.D

- Provided in vivo coaching to parents to reduce their children's compulsive behaviors
- Performed parent training on implementing exposure and response prevention techniques for childhood compulsive behavior at home
- Contributed to development of hierarchy for exposure

Other Lab Research Involvement

- Contributes to the development of new research protocol
- Collects and scores data from Video Mediated Recall of cognitions, DPICS, and ECBI
- Trains colleagues in data collection procedures

January 2009-
August 2009

Experimenter

Acceptance and Commitment Therapy for Distress in Parents of Obsessive-

Compulsive Spectrum Outpatients

Hofstra University, Hempstead, NY

Researcher: Katherine Donnelly, Ph.D. Advisor: Joseph Scardapane, Ph.D.

- Co-led weekly Acceptance and Commitment Therapy (ACT) group sessions for parents of children with Obsessive Compulsive Spectrum Disorders
- Facilitated home based interactions between the parents and their children
- Obtained data via video recording and psychological assessments

September 2008-
June 2009

Experimenter

Effects of a Visual Learning Social Skills Intervention on Youths with High-Functioning Autism Spectrum Disorders

Hofstra University, Hempstead, NY

Researcher: Jill Slavin, Ph.D. Advisor: Phyllis Ohr, Ph.D.

- Administered, scored and coded various psychology instruments including the Behavior Assessment Scale for Children-Second Edition (BASC-2), and the Social Skills Rating System (SSRS)
- Developed, implemented and trained other researchers in using an Objective Rating Scale
- Implemented intervention protocol with the participants in two weekly social skills groups

September 2007-
August 2009

Research Assistant

Bio-Behavioral Institute

Great Neck, NY

Supervisor: Fugen Neziroglu, Ph.D.

- Used SPSS software to analyze data comparing OCD and BDD patients across various psychological measures
- Developed power point presentations for use in conferences
- Edited abstracts, articles and book chapters for publication
- Reviewed literature on obsessive compulsive spectrum disorders, and dissociative disorder
- Facilitated an OCD support group
- Attended staff development and clinical training meetings
- Developed proficiency in scoring psychological assessment

August 2005-
May 2006

Research Assistant

Boston University Child Cognition Lab

Boston, MA

Supervisor: Deb Kelemen, Ph.D.

- Conducted experiments pertaining to agent reliability, theory of mind, intentionality, functional affordance of objects on child imitation, novel tool function, and natural artifacts
- Assisted in the publication of an article in the Journal of Experimental Child Psychology
- Read and responded to current literature in the field of child cognition
- Participated in bi-weekly lab meetings and attended colloquia on child imitation
- Entered and checked data using SPSS software

TEACHING EXPERIENCE

August 2010 – December 2010 **Teaching Assistant**

Hofstra University, Hempstead, NY

Course: Introduction to Statistics

- Taught material to class and applied the concepts to problems
- Developed homework curriculum and graded assignments
- Provided one-on-one student support
- Temporarily ran all aspects of class independently when full professor took an unexpected leave

POSTERS & PRESENTATIONS

Ohr, P.S., **Solz, J.**, Brand, L., Gold, D., Lackow, J., LaLima, C. (2013, November). *Applying CBT to parental cognitions to reduce stress during parent-child interaction interventions*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Nashville, Tennessee.

Ohr, P.S., **Solz, J.**, Bardin, A., Glueckman, B., Mazza, S.J. (2013, November). *Parent-reported stress, cognitions, and child behavior during a parent-directed play intervention*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Nashville, Tennessee.

Ohr, P.S., **Solz, J.**, Bardin, T., Glueck, B., Mazza, B. (2013, September). *Reducing parental stress during the PDI phase of PCIT by coaching reframed parental cognitions*. Poster presented at the biennial meeting of Parent-Child Interaction Therapy International, Boston, Massachusetts.

Najarian, L.M., **Solz, J.**, & Kline, M. (2013, August). *Psychopathology 20 years after the 1988 earthquake in Armenia*. Lecture presented at the World Psychiatric Association Thematic Conference “Mental Health and Mental Illness: Focusing on Eurasia”, Yerevan, Armenia.

Ohr, P.S., Vidair, H., LaLima, C., & **Solz, J.** (2012, November). *Parental mood, cognitions, and “stressful” parent-child play*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, National Harbor, Maryland.

Pekarsky, R., Ohr, P.S., **Solz, J.**, Mestechkina, T., Gonen, M., White, W., Ufford, A., LaLima, C. (2012, November). *Behavioral changes in child impulsivity during Parent-Child Interaction Therapy*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, National Harbor, Maryland.

Ohr, P.S., Vidair, H., Leff, B., Pleickhardt, H., **Solz, J.**, White, W., & Hu, J. (2011, November). *A video-mediated cognitive-behavioral approach to reducing negative emotionality in parents prior to parent-child interaction therapy*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Toronto, Canada.

Vidair, H., Ohr, P.S., Casey, C., Renz, J., **Solz, J.**, Leff, B. & Pleichardt, H. (2011). *Mommy think, mommy do: The relationship between maternal video-mediated cognitions and verbalizations during stressful parent-child interactions*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Toronto, Canada.

Ohr, P.S., Vidair, H., Leff, B., **Solz, J.**, White, W., Crimarco, N., ... Hu, J. (2011, August) *Video-based CBT as an adjunct to Parent-Child Interaction Therapy for parents with negative emotionality*. Poster presented at the annual meeting of the American Psychology Association, Washington D.C.

Lopez, R., **Solz, J.**, Skolnick, R., Leff, B., Pleickhardt, H., Mestechkina, T., White, W., & Ohr, P.S. (2010, November). *Effect of exposure and response-prevention-based PCIT on childhood obsessive-compulsive behaviors*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, San Francisco, California.

Ohr, P.S., Vidair, H.B., Lalima, C., Leff, B., **Solz J.**, & White, W. (2010, November). *Video-based, in-home CBT to reduce family stress*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, San Francisco, California.

Ohr, P.S., Gilbert, K., LaLima, C., Leff, B., **Solz, J.**, & White, W. (2010, August). *Interactions involving children with autism and mothers with depressed mood*. Poster presented at the annual meeting of the American Psychological Association, San Diego, California.

Slavin, J., Donnelly, K., Ohr, P.S., Gilbert, K., O'brien, R., **Solz, J.**, Gobkerk, A. (2009, November). *Effects of a visual learning social skills intervention on youths with high-functioning autism spectrum disorders*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, New York, New York.

Hewlin, T., Hayden, N., **Solz, J.**, Vener, S., Poulson, C. (2009, April). *Effect of a script and script-fading procedure on acquisition of language during mealtime for adolescents with autism*. Poster presented at the annual meeting of Princeton Child Development Institute, Princeton, New Jersey.

PUBLICATIONS

Solz, J., & Skolnick, R. "Obsessing over the OCD NY Conference" Intermittent Reinforcement. Issue 13, December 2010

LEADERSHIP AND ORGANIZATIONAL EXPERIENCE

June 2010 – June 2011 **President**, Graduate Students in Clinical Psychology, Hofstra University

HONORS & AWARDS

2009-Present Fellowship, Hofstra University
2002-2006 Deans' Scholarship, Boston University
2005 Psi Chi, National Honor Society in Psychology

PROFESSIONAL MEMBERSHIP

Association for Behavioral and Cognitive Therapies (ABCT)
New York State Psychological Association (NYSPA)
Association for Contextual Behavioral Science (ACBS)
Association for Behavior Analysis International (ABAI)