

## JENEANE D. SOLZ, PH.D.

### EDUCATION

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- August 2015      **Ph.D. in Clinical Psychology**  
Hofstra University, *Hempstead, NY* (APA Accredited)  
Director of Clinical Training: Mitchell L. Schare, Ph.D., ABPP  
[Mitchell.Schare@Hofstra.edu](mailto:Mitchell.Schare@Hofstra.edu)
- May 2010      **M.A. in Clinical Psychology (en route)**  
Hofstra University, *Hempstead, NY* (APA Accredited)
- May 2006      **B.A., Psychology *Cum Laude***  
Boston University, *Boston, MA*  
Statistics minor

### WORK EXPERIENCE

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- September 2017-  
Present      **Instructor of Medical Psychology (in Psychiatry)**  
**Columbia University Clinic for Anxiety and Related Disorders (CUCARD)**  
*Columbia University Medical Center Division of Child and Adolescent  
Psychiatry*  
*New York, NY*

### SUPERVISED CLINICAL TRAINING

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- September 2015-  
August 2017      **Postdoctoral Clinical Fellow**  
**Columbia University Clinic for Anxiety and Related Disorders (CUCARD)**  
*Columbia University Medical Center Child and Adolescent Psychiatry*  
*New York, NY*
- July 2014- June 2015      **Psychology Intern, Child and Adolescent Psychology Track**  
***The NYU-Bellevue Clinical Psychology Internship Program***  
*New York, NY*
- NYU Child Study Center***  
                                 **Institute for Attention Deficit Hyperactivity and Behavior Disorders**  
                                 **Anita Saltz Institute for Anxiety and Mood Disorders**  
                                 **Family Studies Program**  
                                 **Adolescent Dialectical Behavior Therapy Program**  
                                 **Institute for Learning and Academic Achievement**
- Bellevue Hospital Center***  
                                 **Adult Mental Hygiene Clinic**  
                                 **Chemical Dependency Outpatient Program**  
                                 **Adolescent Inpatient Psychiatry Unit**  
                                 **Child and Adolescent Comprehensive Psychiatric Emergency Program**
- September 2012-  
July 2013      **Psychology Extern**  
**North Shore University Hospital Division of Trauma Psychiatry and Cohen  
Children's Medical Center of NY, ADHD Center**  
***Northwell Health (previously known as the North Shore-LIJ Health System)***  
*Manhasset, New York*

July 2011-July 2012     **Psychology Extern**  
**Institute for Attention Deficit Hyperactivity and Behavior Disorders**  
**Selective Mutism Program**  
*NYU Child Study Center*  
*New York, New York*

**SUPERVISED PRACTICA EXPERIENCE**

September 2009 –     **Psychology Intern, Practicum**  
May 2014             **Child and Parent Psychotherapy Services Clinic (CAPPS)**  
*Psychological Evaluation Research and Counseling Clinic (PERCC),*  
*Hofstra University, Hempstead, NY*

September 2013 –     **Psychology Intern, Practicum**  
May 2014             **The Acceptance and Commitment Therapy Clinic**  
*Psychological Evaluation Research and Counseling Clinic (PERCC),*  
*Hofstra University, Hempstead, NY*

September 2010-     **Psychology Intern, Assessment Practicum**  
May 2011             *Psychological Evaluation Research and Counseling Clinic (PERCC),*  
*Hofstra University, Hempstead, NY*

**RELATED CLINICAL EXPERIENCE**

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September 2009 –     **Volunteer Behavior Therapist/ Consultant**  
December 2013         *Association for the Advancement of the Blind and Retarded (AABR)*  
*Richmond Hill, NY*

December 2010         **Volunteer Counselor**  
*Child Mind Institute – Brave Buddies Booster Program*  
*New York, New York*  
**Supervisor: Steve Kurtz, Ph.D.**

September 2006-     **Behavior Therapist**  
August 2009           *New York Child Learning Institute*  
*College Point, NY*

Summers 2005 &     **Education Counselor**  
2006                   *The NYU Child Study Center – Summer Program for Kids*  
*Lake Success, NY*

## LICENSCE & CERTIFICATIONS

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- January 2017      **New York State Licensed Psychologist**  
*The University of the State of New York, Education Department, Office of the Professions*  
License Number: 022008-1
- September 2018      **Certified Parent Child Interaction Therapy Level 1 Trainer**  
*Parent Child Interaction Therapy International*
- November 2015      **Certified Parent Child Interaction Therapist**  
*Parent Child Interaction Therapy International*

## TEACHING & SUPERVION EXPERIENCE

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- January 2016-Present      **PCIT Trainer/Supervisor:**  
Columbia University Clinic for Anxiety and Related Disorders (CUCARD)  
Columbia University Medical Center, Division of Child and Adolescent Psychiatry  
*New York, NY*
- August 2018      **Lecturer**  
***Introduction to Parent Child Interaction Therapy***  
Didactic at Columbia University Clinic for Anxiety and Related Disorders (CUCARD),  
Columbia University Medical Center, Division of Child and Adolescent Psychiatry  
*New York, NY*
- April 2018      **Guest Lecturer**  
***Fundamentals of Therapeutics: Coordinating Care with Schools***  
Child Psychiatry Fellow Seminar – Columbia University Medical Center  
*New York, NY*
- April 2018      **Lecturer**  
***Acceptance and Commitment Therapy***  
Didactic at Columbia University Clinic for Anxiety and Related Disorders (CUCARD),  
Columbia University Medical Center, Division of Child and Adolescent Psychiatry  
*New York, NY*
- February 2018      **Lecturer**  
***Prescribed Cognitive Behavioral Treatment for School Refusal***  
Didactic at Columbia University Clinic for Anxiety and Related Disorders (CUCARD),  
Columbia University Medical Center, Division of Child and Adolescent Psychiatry  
*New York, NY*
- May 2017      **Guest Lecturer**  
***Fundamentals of Therapeutics: Group Psychotherapy for Children and Adolescents***  
Child Psychiatry Fellow Seminar – Columbia University Medical Center  
*New York, NY*
- May 2017      **Guest Lecturer**  
***Fundamentals of Therapeutics: The Role of Parents in Their Childs Psychotherapy***  
Child Psychiatry Fellow Seminar – Columbia University Medical Center  
*New York, NY*
- April 2016      **Lecturer**  
***Behavioral Treatments for Selective Mutism***  
Didactic at Columbia University Clinic for Anxiety and Related Disorders (CUCARD),  
Columbia University Medical Center, Division of Child and Adolescent Psychiatry

*New York, NY*

June 2015

**Lecturer**

***The Use of Technology in Clinical Practice***

Grand Rounds at New York University Child Study Center

*New York, NY*

January 2015

**Lecturer**

***Behavior Chain Analysis in Dialectical Behavior Therapy***

Didactic at New York University Child Study Center

*New York, NY*

October 2014

**Lecturer**

***Acceptance and Commitment Therapy***

Staff In-service at the Chemical Dependency Outpatient Program, Bellevue Hospital Center

*New York, NY*

August 2012-June 2014

**Doctoral Student Supervisor**

Child and Parent Psychotherapy Services Clinic (CAPPS), Psychological Evaluation Research and Counseling Clinic (PERCC), Hofstra University

*Hempstead, NY*

September 2013

**Guest Lecturer**

***Dyadic Parent Child Interaction Coding System***

Graduate Student Seminar – Interventions for Childhood Disorders, Hofstra University

*Hempstead, NY*

July 2012

**Lecturer**

***How To Give an Effective Clinical Case Presentation***

Didactic at Child and Parent Psychotherapy Services Clinic (CAPPS), Psychological Evaluation Research and Counseling Clinic (PERCC), Hofstra University

*Hempstead, NY*

August 2010 –  
December 2010

**Teaching Assistant/ Instructor**

***Introduction to Statistics***

Hofstra University

*Hempstead, NY*

## **RESEARCH EXPERIENCE**

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June 2012- August  
2015

**Principle Investigator: Doctoral Dissertation**

***Video Self-Modeling as Exposure with and without Contingency Management in Treating Youth with Selective Mutism***

*Hofstra University, Hempstead, NY*

***Dissertation Committee: Phyllis Ohr, Ph.D. (Sponsor), Richard M. O'Brien, Ph.D., Richard Gallagher, Ph.D.***

January 2013- June  
2014

**Researcher**

***Psychopathology 20 Years After the 1988 Earthquake in Armenia***

*North Shore-Long Island Jewish Health System, Manhasset, NY*

**Principle Investigator: Louis M. Najarian, M.D.**

September 2010-May  
2014

**Graduate Research Assistant / Lab Member**

***Child and Parent Psychotherapy Services Clinic (CAPPS),***

*Psychological Evaluation Research and Counseling Clinic (PERCC),  
Hofstra University, Hempstead, NY  
Supervisor: Phyllis Ohr, Ph.D.*

- **Effect of Motivational Interviewing on Treatment Adherence of PCIT among Non-adherent Parents**  
*Principle Investigator: Heather Pleickhardt, M.A.*
- **Effect of the Child Directed Interaction Phase of Parent-Child Interaction Therapy on Behavioral Impulsivity in Young Children**  
*Principle Investigator: Ranita Pekarsky*
- **Effect of Exposure Based PCIT on Childhood Obsessive-Compulsive Behaviors**  
*Principle Investigator: Richard Lopez, Ph.D*

January 2009-  
August 2009

**Research Assistant**  
**Acceptance and Commitment Therapy for Distress in Parents of Obsessive-Compulsive Spectrum Outpatients**  
*Hofstra University, Hempstead, NY*  
**Researcher: Katherine Donnelly, Ph.D. Advisor: Joseph Scardapane, Ph.D.**

September 2008-  
June 2009

**Research Assistant**  
**Effects of a Visual Learning Social Skills Intervention on Youths with High-Functioning Autism Spectrum Disorders**  
*Hofstra University, Hempstead, NY*  
**Researcher: Jill Slavin, Ph.D. Advisor: Phyllis Ohr, Ph.D.**

September 2007-  
August 2009

**Research Assistant**  
**Bio-Behavioral Institute**  
*Great Neck, NY*  
**Supervisor: Fugen Neziroglu, Ph.D.**

August 2005-  
May 2006

**Undergraduate Research Assistant**  
**Boston University Child Cognition Lab**  
*Boston, MA*  
**Supervisor: Deb Kelemen, Ph.D.**

## **POSTERS & PRESENTATIONS**

**Solz, J., & Mazza, S.** (April 2019) *Living with Vitality and Values*. Workshop at Beacon High School's Mental Health Day, New York, New York.

McGovern, A., Engle, E., Ginsberg, R., **Solz, J.**, Shepherd, C. (November 2018) *Do They "Like" Me or Just Want Me to #Follow Them? The Relevance of Social Media to Clinical Issues and Treatment*. Clinical Roundtable presented at Association for Behavioral and Cognitive Therapies 52<sup>nd</sup> Annual Convention. Washington, DC.

**Solz, J.** (October 2018) *Anxiety and Its Impact on the Affluent Community*. Workshop presented for RFG Wealth Management Group. New York, New York.

**Solz, J.** (April 2018) *Living with Vitality and Values*. Workshop at Beacon High School's Mental Health Day, New York, New York.

- Solz, J.** (February 2018) Videotaped Self-Modeling for Selective Mutism [Webinar]. In *Kurtz Psychology Lunch 'n' Learn Webinar Series*, New York, New York.
- Albano, A., Hoffman, L., Kranzler, A., Elkins, R., & **Solz, J.** (2017, May) *Managing Stress, Anxiety, and Independence in College*. Presentation at Fieldston Prep High School, New York, New York.
- Solz, J.**, Ohr, P.S., Obrien, R.M., Gallagher, R., Bardin, ...Smucker, R. (2016, October) *Video Self Modeling as Exposure with and without Contingency Management in Treating Youth with Selective Mutism*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, New York, New York.
- Ohr, P.S., **Solz, J.**, Brand, L., Gold, D., Lackow, J., LaLima, C. (2013, November). *Applying CBT to parental cognitions to reduce stress during parent-child interaction interventions*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Nashville, Tennessee.
- Ohr, P.S., **Solz, J.**, Bardin, A., Glueckman, B., Mazza, S.J. (2013, November). *Parent-reported stress, cognitions, and child behavior during a parent-directed play intervention*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Nashville, Tennessee.
- Ohr, P.S., **Solz, J.**, Bardin, T., Glueck, B., Mazza, B. (2013, September). *Reducing parental stress during the PDI phase of PCIT by coaching reframed parental cognitions*. Poster presented at the biennial meeting of Parent-Child Interaction Therapy International, Boston, Massachusetts.
- Najarian, L.M., **Solz, J.**, & Kline, M. (2013, August). *Psychopathology 20 years after the 1988 earthquake in Armenia*. Lecture presented at the World Psychiatric Association Thematic Conference "Mental Health and Mental Illness: Focusing on Eurasia", Yerevan, Armenia.
- Ohr, P.S., Vidair, H., LaLima, C., & **Solz, J.** (2012, November). *Parental mood, cognitions, and "stressful" parent-child play*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, National Harbor, Maryland.
- Pekarsky, R., Ohr, P.S., **Solz, J.**, Mestechkina, T., Gonen, M., White, W., Ufford, A., LaLima, C. (2012, November). *Behavioral changes in child impulsivity during Parent-Child Interaction Therapy*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, National Harbor, Maryland.
- Ohr, P.S., Vidair, H., Leff, B., Pleickhardt, H., **Solz, J.**, White, W., & Hu, J. (2011, November). *A video-mediated cognitive-behavioral approach to reducing negative emotionality in parents prior to parent-child interaction therapy*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Toronto, Canada.
- Vidair, H., Ohr, P.S., Casey, C., Renz, J., **Solz, J.**, Leff, B. & Pleichardt, H. (2011). *Mommy think, mommy do: The relationship between maternal video-mediated cognitions and verbalizations during stressful parent-child interactions*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Toronto, Canada.
- Ohr, P.S., Vidair, H., Leff, B., **Solz, J.**, White, W., Crimarco, N., ... Hu, J. (2011, August) *Video-based CBT as an adjunct to Parent-Child Interaction Therapy for parents with negative emotionality*. Poster presented at the annual meeting of the American Psychology Association, Washington D.C.
- Lopez, R., **Solz, J.**, Skolnick, R., Leff, B., Pleickhardt, H., Mestechkina, T., White, W., & Ohr, P.S. (2010,

November). *Effect of exposure and response-prevention-based PCIT on childhood obsessive-compulsive behaviors*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, San Francisco, California.

Ohr, P.S., Vidair, H.B., Lalima, C., Leff, B., **Solz J.**, & White, W. (2010, November). *Video-based, in-home CBT to reduce family stress*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, San Francisco, California.

Ohr, P.S., Gilbert, K., LaLima, C., Leff, B., **Solz, J.**, & White, W. (2010, August). *Interactions involving children with autism and mothers with depressed mood*. Poster presented at the annual meeting of the American Psychological Association, San Diego, California.

Slavin, J., Donnelly, K., Ohr, P.S., Gilbert, K., O'Brien, R., **Solz, J.**, Gobkerk, A. (2009, November). *Effects of a visual learning social skills intervention on youths with high-functioning autism spectrum disorders*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, New York, New York.

Hewlin, T., Hayden, N., **Solz, J.**, Vener, S., Poulson, C. (2009, April). *Effect of a script and script-fading procedure on acquisition of language during mealtime for adolescents with autism*. Poster presented at the annual meeting of Princeton Child Development Institute, Princeton, New Jersey.

## **PUBLICATIONS**

**Solz, J.** & Albano, A.M. (2017). School refusal behavior in youth. In *Paradigm Magazine*, Illinois Institute for Addiction Recovery, pp. 7-9.

Skolnick, R.B., Napalitano, L., Luft, I., **Solz, J.** "ABCT 2016: Getting Into a New York, Empire State of Mind" The Behavior Therapist. Volume 39, NO.6, September 2016

**Solz, J.**, & Skolnick, R. "Obsessing over the OCD NY Conference" Intermittent Reinforcement. Issue 13, December 2010

## **AD HOC JOURNAL REVIEWER**

Evidence-Based Practice in Child & Adolescent Mental Health

## **LEADERSHIP AND ORGANIZATIONAL EXPERIENCE**

November 2015-October 2016	<b>Member</b> , Local Arrangements Committee for ABCT 50 <sup>th</sup> Annual Convention
May 2013 – June 2014	<b>Student Representative</b> , Clinical Psychology Program Internship Retreat, Hofstra University
June 2010 – June 2011	<b>President</b> , Graduate Students in Clinical Psychology, Hofstra University

## **HONORS & AWARDS**

2009-2015	Fellowship, Hofstra University
2002-2006	Deans' Scholarship, Boston University
2005	Psi Chi, National Honor Society in Psychology

## **PROFESSIONAL MEMBERSHIP**

Association for Behavioral and Cognitive Therapies (ABCT)  
Parent Child Interaction Therapy International

Association for Contextual Behavioral Science (ACBS)  
American Psychological Association (APA)