

**Dr. James Hambrick**  
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**Personal Data**

Name: James Hambrick  
Birth date: June 15, 1973  
Birthplace: Charleston, WV  
Citizenship: USA

**Work Experience**

7/2014-present	<b>Columbia-Presbyterian Medical Center, Columbia University Center for Anxiety and Related Disorders</b> Assistant Professor in Medical Psychology (in Psychiatry) Co-chair Extern and Volunteer training program at CUCARD; Clinician, Youth Adult Center.	New York, NY
8/2008-present	<b>Columbia-Presbyterian Medical Center, Columbia University Center for Anxiety and Related Disorders</b> Instructor in Clinical Psychology (in Psychiatry) Co-chair Extern and Volunteer training program at CUCARD; Clinician, Youth Adult Center.	
6/2006-8/2008	<b>Columbia-Presbyterian Medical Center Columbia University Center for Anxiety and Related Disorders</b> Assistant Research Scientist	New York, NY

**Training**

7/2005-6/2006	<b>Bellevue-New York University Hospital Center</b> Chief Intern	New York, NY
7/2004-6/2005	<b>Bellevue-New York University Hospital Center</b> Predoctoral Intern	New York, NY

**Education**

9/1999-8/2007	<b>Temple University</b> Ph. D., August 2007 <i>Dissertation: Things left unsaid: Generalized anxiety disorder and the verbal processing of emotion in intimate relationships. Advisor: Richard Heimberg, Ph. D. Unpublished.</i>	Philadelphia, PA
9/1996-4/1999	<b>University of Richmond</b> M. A., Experimental Psychology, April 1999 Masters thesis title: The active architecture of mind: Dynar categorization during metaphor processing. Unpublished.	Richmond, VA
9/1990-6/1994	<b>Washington &amp; Lee University</b>	Lexington, VA

B. A., with Honors, June, 1994

*Honors thesis title: The language of love: The world according to Walker Percy. Unpublished.*

### **Licensure**

License #: 018898-1

Date of Issue: 10/31/2010

### **Honors**

2003-2004 University Fellowship, Temple University

1999-2000 University Fellowship, Temple University

1998 Outstanding Graduate Student, departmental award

University of Richmond

1997 Psi Chi Psychology Honorary Society

### **Professional Organizations and Societies**

American Psychological Association

Association for Behavioral and Cognitive Therapies

### **Departmental and University Committees**

2001-2002 School Representative, Council of University Directors of Clinical Psychology

1999-2002 Class Representative, Psychology Department, Temple University

### **Grants and Contract Support**

2004-2006 Research Incentive Fund, Temple University

1998 University of Richmond Travel Grant for Seventh Annual Cognitive Aging Conference

1997 University of Richmond Graduate Research Grant

1997 University of Richmond Travel Grant for Meeting of Psychonomic Society

### **Teaching Experience and Responsibilities**

#### ***Courses/Seminars***

2013 Honorary International Chair Professor, National Taipei

University of

Technology (AUIA)

*Introduction to Psychology*-lecturer. 1 summer

semester, 40 undergraduates

2007-present Visiting Lecturer, Princeton University

*Abnormal Psychology*-course coordination, discussion leader for small groups, coordination of content across discussion leaders; grading and administration. 5 semesters; 350 undergraduates/semester

*Developmental Psychology*-discussion leader for small group meetings; coordination of content, grading. 3 semesters, 200-300 undergraduates

*Childhood Psychopathology*-co-taught and led course; led small group breakout; grading and administration. 2 semesters; 80 undergraduates/semester

*Controversies in Clinical Psychology*-co-taught course; grading and administration. 2 semesters; 35 undergraduates/semester.

*Theories of Clinical Psychology*-taught course; grading and administration. 2 semesters; 30 undergraduates/semester.

*Junior Project and Senior Thesis Advising*. Direct administration of Junior projects and experimental senior theses. 8 semesters; 59 undergraduates

2010-2012 Adjunct, Ferkauf Graduate School of Psychology at Yeshiva University  
*Cognitive and Affective Bases of Behavior*-taught course; grading and administration. 2 semesters, 35 students/semester

1997 Graduate Teaching Assistant, Memory and Cognitive  
Aging Laboratory  
University of Richmond, Undergraduate Course, 1.5 hour weekly, 1 semester, 15 students

1997 Graduate Teaching Assistant, Cognitive Science  
Laboratory  
University of Richmond, Undergraduate Course, 1.5 hours weekly, 1 semester, 15 students

1996-1997 Graduate Teaching Assistant, Introduction to Psychology  
University of Richmond, Undergraduate Course, 2 hours weekly, 2 semesters, 100 students per semester

## **Bibliography**

### ***Original Peer Reviewed Published Articles***

#### **2003**

1. \*Hambrick, J., Turk, C., Heimberg, R., Schneier, F., & Leibowitz, M. (2003). The experience of disability and quality of life in social anxiety disorder. *Depression and Anxiety, 18*, 46-50.

#### **2004**

2. \*Hambrick, J., Turk, C., Heimberg, R., Schneier, F., & Leibowitz, M. (2004). Psychometric properties of disability measures among patients with social anxiety disorder. *Journal of Anxiety Disorders, 18*, 825-839.

#### **2009**

3. \*Hambrick, J., Pimentel, S. P., & Albano, A. M. (2009). From theory to practice: Facing ethical challenges as a clinical intern. *Cognitive and Behavioral Practice, 16*, 191-204.

4. \*Hambrick, J., Rodebaugh, T. L., Balsis, S., Woods, C. M., & Heimberg, R. G. (2009). Cross-ethnic equivalence of measures of depression, social anxiety, and worry. *Assessment, 17*, 155-171.

**Chapters and Books****2004**

1. Heimberg, R. & Hambrick, J. (2004). Cognitive-behavioral interventions for phobias: Commentary on Barlow et al. In M. Maj, H. S. Akiskal, J. J. Lopez-Ibor, & A. Okasha's *Evidence and Experience in Psychiatry, Vol. 7: Phobia*, pp. 215-217. Chichester, UK: John Wiley and Sons, Ltd.

**2007**

2. Robin, J., Cohan, S., Hambrick, J., & Albano, A.M. (2007). Avoidant personality disorder. In M. Reinecke and A. Freeman (Eds.), *Personality disorders in children and adolescents*. New York: Plenum.

**2010**

3. \*Hambrick, J., Comer, J. S., & Albano, A. M. (2010). Cognitive-behavioral treatment of anxiety disorders: Model and current issues. In H. Simpson, Y. Neria, R. Lewis-Fernandez and F. Schneier's (Eds.) *Anxiety disorders: Theory, research and clinical perspectives*, pp. 204-215. New York: Cambridge.

**Reviews****2003**

1. \*Hambrick, J., Weeks, J., Harb, G., & Heimberg, R. (2003). Cognitive-behavioral therapy for social anxiety disorder: Supporting evidence and future directions. *CNS Spectrums*, 8, 373-381.

**2004**

2. \*Hambrick, J., Henning, E., & Heimberg, R. (2004). Cognitive behavioral approaches to social anxiety disorder. *Directions in Psychiatry*, 24, 121-131.

**Formal Presentations**

Hambrick, J., Olfson, M., Atkins, M., Brown, C. & Sue, S. (2008, November). Closing the gap: Challenges and solutions for service delivery in minority communities. Chair, Symposium presented at the 42<sup>nd</sup> meeting of the Association for Behavioral and Cognitive Therapies, Orlando, FL.

Albano, A. M., Heimberg, R., Cohan, S., Hambrick, J., McKnight, K., & Pimentel, S. (2006, November). Cognitive behavioral group treatment for socially anxious adolescents: Barriers and solutions for implementation in community clinics. Panelist, Clinical Roundtable presented at the 40<sup>th</sup> meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.

Hambrick, J., Holaway, R., Mennin, D. S. & Heimberg, R. G. (2004). I know there's an answer: Emotionality, worry, and problem solving in generalized anxiety disorder. Poster Presented at the Annual Meeting of the Anxiety Disorders Association of America, Miami, FL.

Henning, E., Hambrick, J., Heimberg, R. G. & Fresco, D. M. (2004). Need for cognition and symptom severity in social anxiety disorder. Poster presented at Annual Meeting of Association for Advancement of Behavior Therapy, New Orleans, LA.

Hambrick, J, Holaway, R. & Heimberg, R. (2003). Troubled mind: Need for cognition in generalized anxiety disorder. Poster presented at Annual Meeting of Association for Advancement of Behavior Therapy, Boston, MA.

Holaway, R., Hambrick, J. & Heimberg, R. (2003). Emotion dysregulation in pathological worry and generalized anxiety disorder: An examination of a potential distinguishing factor. Poster presented at Annual Meeting of Association for Advancement of Behavior Therapy, Boston, MA.

Hambrick, J. & Heimberg, R. (2002). Ethnic differences in self-report of psychological distress. Poster presented at Annual Meeting of Association for Advancement of Behavior Therapy, Reno, NV.

Hambrick, J., Zaider, T., Heimberg, R., Schneier, F., & Liebowitz, M. (2002). Comparison of African-American and Caucasian adults in the experience of social anxiety disorder. Poster Presented at the Annual Meeting of the Anxiety Disorders Association of America, Austin, TX.

Hambrick, J., Turk, C. Heimberg, R., Schneier, F., & Liebowitz, M. (2001). Disability mediates the relationship between social anxiety and quality of life. Poster presented at the Annual Meeting of the Association for the Advancement of Behavior Therapy, Philadelphia, PA.

Hambrick, J., Fresco, D., Mennin, D. & Heimberg, R. (2001). Association of explanatory flexibility to generalized anxiety disorder and emotion regulation. Paper presented at Annual Meeting of the American Psychological Association, San Francisco, CA.

Hambrick, J, Turk, C, Heimberg, R, Liebowitz, M, Schneier, F. (2001). Measuring the measuring stick: Psychometric properties of disability measures among patients with social anxiety disorder. Poster presented at the Annual Meeting of the Anxiety Disorders Association of America, Atlanta, GA.

Berry, J., Thompson, J., Bryant, D., Hambrick, J., and Drew, M. (1998). Age and domain-specific effects of memory self-efficacy on word and text recall performance. Poster presented at Seventh Annual Cognitive Aging Conference, Atlanta, GA.

Hambrick, J. and Li, P. (1997). Understanding the mind's machinery: The role of category extensions in the understanding of metaphor. Poster presented at Psychonomic Meeting, Philadelphia, PA.

***Community Presentations***

Hambrick, J. (2010, February). Engaging adolescents. Talk presented to psychiatric residents and psychological interns at Columbia Presbyterian Hospital, New York, NY.

Hambrick, J. (2009, July). Basics of cognitive behavioral therapy for anxiety and depression. Talk presented to nursing staff at Columbia Presbyterian Hospital, New York, NY.

Hambrick, J. & Pimentel, S. (2009, March). Adolescent anxiety and school refusal. Talk presented as part of Mercer County Traumatic Loss Coalition and Princeton House series on behavioral health, Mercer County, New Jersey.

Hambrick, J. (2010, March). Suicide and High Risk Behaviors. Talk presented as part of Mercer County Traumatic Loss Coalition and Princeton House series on behavioral health, Mercer County, New Jersey.

Hambrick, J. (2011, October). Emerging adulthood and anxiety. Talk presented as part of Clubhouse of Suffolk's 19<sup>th</sup> Annual Mental Illness Awareness Day Conference, Suffolk County, Long Island.

Hambrick, J. (2011, October). Engaging adolescents. Talk presented at Kaleidoscope Conference 2011, sponsored by Pathways Transition Programs, Inc., Atlanta, GA.

Hambrick, J. (2012, October). Engaging adolescents. Talk presented at Kaleidoscope Conference 2011, sponsored by Pathways Transition Programs, Inc., Atlanta, GA.