

## CURRICULUM VITAE

### **E. BLAKE ZAKARIN, PHD**

DATE CV PREPARED: November 1, 2014

#### **PERSONAL DATA**

FORMAL NAME: Elizabeth Blake Zakarin

BIRTH PLACE: New York, NY

CITIZENSHIP: USA

CONTACT: Columbia University Clinic for Anxiety and Related Disorders  
3 Columbus Circle, Suite 1425  
New York, NY 10019  
(212) 246-5783

#### **EDUCATION**

- 08/2008 - Ph.D. CATHOLIC UNIVERSITY OF AMERICA, Washington, DC  
10/2013 Clinical Psychology, Specialization: *Children, Families and Cultures*  
Dissertation: *Sleep Disturbances and Family Environment Correlates in Children with Generalized Anxiety Disorder*  
Advisors: Marcie Goeke-Morey, Ph.D., Candice Alfano, Ph.D.
- 08/2008 - M.A. CATHOLIC UNIVERSITY OF AMERICA, Washington, DC  
01/2011 Clinical Psychology  
Thesis: *Developmental Trajectories of Depressive Symptoms and Parent-Child Relationship Quality in Low-Income Urban Adolescents*  
Advisor: Marcie Goeke-Morey, Ph.D.
- 09/1999 - B.A. UNIVERSITY OF PENNSYLVANIA, Philadelphia, PA  
05/2003 Psychology, Magna Cum Laude

#### **TRAINEESHIP**

- 08/2013 - Post-doctoral Fellowship in Pediatric Psychology, Behavioral Pain Medicine  
08/2014 CHILDREN'S NATIONAL MEDICAL CENTER, Washington, DC
- 07/2012 - Pre-doctoral Internship in Child Clinical & Pediatric Psychology (APA Accredited)  
06/2013 CHILDREN'S NATIONAL MEDICAL CENTER, Washington, DC

#### **ACADEMIC APPOINTMENTS**

- 11/2014 - Instructor of Medical Psychology (In Psychiatry),  
Present Department of Child and Adolescent Psychiatry  
COLUMBIA UNIVERSITY MEDICAL CENTER, New York, NY

**OTHER PROFESSIONAL POSITIONS & ACTIVITIES**

- 11/2014 - Present Senior Clinical Psychologist, Columbia University Clinic for Anxiety and Related Disorders (CUCARD)  
COLUMBIA UNIVERSITY MEDICAL CENTER, New York, NY
- 08/2011 - *Clinical Extern, Attention & Learning Service; Partial Hospitalization Program*  
05/2012 INOVA HEALTH SYSTEM, KELLAR CENTER, Fairfax, VA
- 08/2011 - *Graduate Research Assistant, Physiology, Affect and Cognition Laboratory*  
05/2012 CATHOLIC UNIVERSITY OF AMERICA, Washington, DC
- 06/2011 - *Clinical Extern, Inpatient Child, Adolescent and Adult Psychiatry*  
08/2011 PSYCHIATRIC INSTITUTE OF WASHINGTON, Washington, DC
- 01/2011 - *Psychodiagnostician, Practicum in School Assessment*  
05/2011 WASHINGTON JESUIT ACADEMY, Washington, DC
- 06/2010 *Clinical Extern, Child and Adolescent Anxiety Program (CAAP)*  
06/2011 CHILDREN'S NATIONAL MEDICAL CENTER, Washington, DC
- 08/2010 - *Group Therapist, Child, Adolescent and Adult CBT-based Skills Groups*  
06/2011 EXPRESSIVE THERAPY CENTER, Rockville, MD
- 08/2010 - *Family Practicum Therapist, Center for Family Psychology*  
12/2010 CATHOLIC UNIVERSITY OF AMERICA, Washington, DC
- 06/2010 - *Forensic Assessment Extern, Child Guidance Clinic*  
07/2010 D.C. SUPERIOR COURT, Washington, DC
- 08/2009 - *Practicum Therapist, University Counseling Center*  
05/2010 CATHOLIC UNIVERSITY OF AMERICA, Washington, DC
- 08/2009 - *Clinical Research Assistant, Child and Adolescent Anxiety Program (CAAP)*  
05/2010 CHILDREN'S NATIONAL MEDICAL CENTER, Washington, DC
- 08/2008 - *Graduate Research Assistant, Children, Families and Cultures Center*  
05/2010 CATHOLIC UNIVERSITY OF AMERICA, Washington, DC
- 09/2006 - *Group Therapist, Inpatient Research Unit*  
06/2008 NEW YORK STATE PSYCHIATRIC INSTITUTE, New York, NY
- 03/2006 - *Research Assistant and Clinical Evaluator, Eating Disorders Research Unit*  
06/2008 COLUMBIA UNIVERSITY MEDICAL CENTER, New York, NY
- 01/2007 - *Group Therapist, Disruptive Behavior Disorders Clinic*  
12/2007 CHILDREN'S HOSPITAL OF NEW YORK-PRESBYTERIAN, New York, NY
- 12/2003 - *Research Analyst, Consumer Research*  
01/2006 MTV Networks, New York, NY
- 09/2003 - *Clinical Monitor and Interviewer, Youth Suicide Screening Project*  
12/2003 COLUMBIA UNIVERSITY MEDICAL CENTER, New York, NY
- 01/2003 - *Research Assistant, Penn Resiliency Program*  
05/2003 UNIVERSITY OF PENNSYLVANIA, Philadelphia, PA

**LICENSE**

2014 New York State Psychologist Licensure: # 020966; Issued 10/2014

**AWARDS & HONORS**

2010 Honors, Comprehensive Exam in Clinical Psychology, Specialization in *Children, Families & Cultures*, Catholic University of America  
 2009 Graduate Assistantship and Tuition Award, Catholic University of America  
 2008-2009 Wylma & James Curtin Fellowship, Catholic University of America  
 2003 Magna Cum Laude, University of Pennsylvania  
 2002-2003 Deans List, University of Pennsylvania

**PROFESSIONAL MEMBERSHIP**

American Psychological Association (APA)  
 APA Division 53: Society of Clinical Child and Adolescent Psychology  
 APA Division 54: Society of Pediatric Psychology  
 Association for Behavioral and Cognitive Therapies (ABCT)

**EDUCATIONAL CONTRIBUTIONS****Clinical Supervision**

11/2014 - *Cognitive-Behavioral Therapy Supervisor for psychology post-doctoral fellows and graduate student trainees*  
 Present Columbia University Clinic for Anxiety and Related Disorders (CUCARD)  
 COLUMBIA UNIVERSITY MEDICAL CENTER, New York, NY  
 08/2013 - *Cognitive-Behavioral Therapy Supervisor for psychology extern trainees*  
 08/2014 Department of Behavioral Pain Medicine  
 CHILDREN'S NATIONAL MEDICAL CENTER, Washington, DC  
 10/2012 - *Cognitive-Behavioral Therapy Supervisor for psychology extern trainees*  
 06/2014 Child and Adolescent Anxiety Program (CAAP)  
 CHILDREN'S NATIONAL MEDICAL CENTER, Washington, DC

**Teaching**

Spring 2011 *Instructor*, PSY 201, Undergraduate Introduction to Psychology  
 Catholic University of America, Washington, DC  
 Role: Independent lecturing, grading  
 Number of students: 18  
 Weekly contact: 3.5 hours  
 Fall 2010 *Teaching Assistant and Laboratory Instructor* PSY 322, Undergraduate Statistics  
 Catholic University of America, Washington, DC  
 Role: TA for lecture; Instructor for 2 sections of laboratory  
 Number of students: 26  
 Weekly contact: 5.5 hours

- Spring 2010 *Instructor*, PSY 479, Laboratory in Lifespan Development  
Catholic University of America, Washington, DC  
Role: Independent lecturing, grading for 2 laboratory sections  
Number of students: 17  
Weekly contact: 3.5 hours
- Fall 2009 *Laboratory Instructor and Teaching Assistant*, PSY 322, Undergraduate Statistics  
Catholic University of America, Washington, DC  
Role: TA for lecture; Instructor for 2 sections of laboratory  
Number of students: 24  
Weekly contact: 5.5 hours

## **PROFESSIONAL PUBLICATIONS & PRESENTATIONS**

### Peer-Reviewed Research Publications

1. Sysko, R., **Zakarín, E. B.**, Devlin, M. J., Bush, J., & Walsh, B. T. (2011). A latent class analysis of psychiatric symptoms among 125 adolescents in a bariatric surgery program. *International Journal of Pediatric Obesity*, 6, 289-297.
2. Abrahamý, M., **Finkelson, E. B.**, Lydon, C., & Murray, K. (2003). Caregivers' socialization of gender roles in a children's museum. *Perspectives in Psychology: The Undergraduate Psychology Journal of the University of Pennsylvania*, 6, 19-25.

### Book Chapters

1. **Finkelson, E. B.**, & Walsh, B. T. (2009). She just won't eat a thing: Anorexia nervosa. In P. Jensen & C. Galanter (Eds.), *DSM-IV-TR casebook and treatment guide for child mental health* (pp. 143-147). New York, NY: American Psychiatric Publishing Inc.
2. Walsh, B. T., & **Finkelson, E. B.** (2009). She just won't eat a thing: Integrative perspective. In P. Jensen & C. Galanter (Eds.), *DSM-IV-TR casebook and treatment guide for child mental health* (pp. 156-161). New York, NY: American Psychiatric Publishing Inc.
3. **Finkelson, E. B.** (2008). Family therapy in the treatment of overweight children. In K. Keller & G. Golson (Eds.), *Encyclopedia of obesity* (Vol. 1, pp. 257-258). Thousand Oaks, CA: Sage Publications.
4. **Finkelson, E. B.**, & Black, E. A. (2008). Self-Esteem and children's weight. In K. Keller & G. Golson (Eds.), *Encyclopedia of obesity* (Vol. 2: pp. 673-675). Thousand Oaks, CA: Sage Publications.

### Peer-Selected & Invited Presentations

1. Smith, V. C., Salamon, K. S., **Zakarín, E. B.**, & Fletcher, A. A. (2014, August). *Pain intensity and depression in pediatric chronic pain: The moderating role of peer relationships*. Symposium presented at the 122<sup>nd</sup> American Psychological Association Annual Convention, Washington, DC.
2. Fletcher, A. A., **Zakarín, E. B.**, Davis, M., Smith, V. C., & Salamon, K. S., (2014, April). *Peer relationships as a function of pain presentation in youth with chronic pain*. Poster

- presented at the 35<sup>th</sup> Annual Meeting & Scientific Sessions of the Society for Behavioral Medicine, Philadelphia, PA.
3. Salamon, K. S., **Zakarin, E. B.**, Davis, M., Smith, V. C., & Fletcher, A. A. (2014, April). *Youth reported chronic pain acceptance: The role of pain presentation*. Poster presented at the 35<sup>th</sup> Annual Meeting & Scientific Sessions of the Society for Behavioral Medicine, Philadelphia, PA.
  4. **Zakarin, E. B.**, Salamon, K. S., Smith, V. C., Davis, M., & Fletcher, A. A. (2014, April). *Anxiety, acceptance, and pain-related functional impairment in youth with chronic pain*. Poster presented at the 35<sup>th</sup> Annual Meeting & Scientific Sessions of the Society for Behavioral Medicine, Philadelphia, PA.
  5. Fletcher, A. A., **Zakarin, E. B.**, Smith, V. C., & Salamon, K. S. (2014, March). *Advances in pediatric chronic pain assessment via web-based measurements: Patient Reported Outcome Measurement System (PROMIS)*. Poster presented at the Society of Pediatric Psychology Annual Conference, American Psychological Association: Division 54, Philadelphia, PA.
  6. Salamon, K. S., Fletcher, A. A., & **Zakarin, E. B.** (2014, March). *Exploring the role of chronic pain acceptance: Implications for treatment delivery*. Poster presented at the Society of Pediatric Psychology Annual Conference, American Psychological Association: Division 54, Philadelphia, PA.
  7. **Zakarin, E. B.** (2013, April). *Sleep Disturbances & Parenting Correlates in Children with Generalized Anxiety Disorder*. Invited presentation, Grand Rounds for the Division of Psychiatry and Behavioral Sciences at Children's National Medical Center, Washington, DC.
  8. **Zakarin, E. B.**, Kim, K. L., Reynolds, K., Mellman, T. A., & Alfano, C. A. (2011, June). *Objective sleep abnormalities as a potential pathway from childhood Generalized Anxiety Disorder (GAD) to depression in adulthood*. Poster presented at the Associated Professional Sleep Societies conference, Minneapolis, MN.
  9. **Zakarin, E. B.**, & Goeke-Morey, M. C. (2011, March). *Developmental trajectories of depressive symptoms and mother-adolescent relationship quality in urban adolescents*. Poster presented at the Society for Research in Child Development, Montreal, Quebec.
  10. Parr, A., Jarrett, M., Kim, K. L., **Zakarin, E. B.**, & Alfano, C. A. (2010, March). *A Comparison of treatment completers and non-completers at a community-based childhood anxiety specialty clinic*. Poster presented at the Anxiety Disorders Association of America, Baltimore, MD.
  11. Witt, M. N., Jean, A., Fennoy, I., **Finkelson, E. B.**, Devlin, M. J., & Zitsman, J. L. (2008, June). *Laparoscopic adjustable gastric banding (LAGB) in obese adolescents: Impact on weight loss, comorbidities and psychological profile*. Poster presented at the American Society for Metabolic and Bariatric Surgery, Washington, DC.
  12. Witt, M. N., Jean, A., Fennoy, I., **Finkelson, E. B.**, Kotler, L., Farrell, P., & Zitsman, J. L. (2007, June). *Laparoscopic adjustable gastric banding (LAGB) in obese adolescents:*

*Short-term results.* Poster presented at the American Society for Bariatric Surgery, San Diego, CA.

13. **Finkelson, E. B.**, & Attia, E. (2007, May). *Treatment expectations in patients with anorexia nervosa.* Poster presented at the Academy for Eating Disorders International Conference, Baltimore, MD.
14. Samuels, F., Walsh, B. T., Zitsman, J. L., Devlin, M. J., Kotler, L., Diaz-Zubieta, A., & **Finkelson, E. B.** (2007, May). *Psychological and behavioral characteristics of adolescent patients presenting for bariatric surgery.* Poster presented at the Academy for Eating Disorders International Conference, Baltimore, MD.