

# Alyssa Bernstein, LMSW

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## Experience

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**March 2016-Present**

**Fee For Service Clinician**

**New York, NY**

*The Jewish Board (JBFCS)-Harlem Child Development Center*

- Providing intensive outpatient clinical treatment for children ages 4-8 and their families while receiving supervision towards LCSW.
- Utilize evidence-based approaches including play therapy, Cognitive Behavioral Therapy, Child Parent Psychotherapy, and Trauma-Informed Care.
- Conduct intake assessments, provide diagnoses, develop and implement treatment plans.
- Collaborate with a multi-disciplinary team to ensure treatment goals are being met upon the three-month review.

**October 2015-Present**

**Senior Operations Associate**

**New York, NY**

*Homes for the Homeless, Inc*

- Serves as lead for all clinical case consultation with the Directors of Family Services focusing on evidence-based best practices.
- Interacts weekly with clients to ensure their needs are being met through high quality service provision.
- Supervised MSW student and received Seminar in Field Instruction Certification through Fordham University.
- Spearheads Trauma-Informed Care training initiatives and curriculums across three family shelters.
- Hired, trained, and managed 18 LMSWs across three family shelters requiring recruitment planning, development of new employee orientation for licensed professionals and ongoing supervision.
- Leads Quality Assurance initiatives resulting in restructuring audit tools, report tracking, and revised chart forms.
- Co-developed and implemented an approach to behavior management for children experiencing homelessness at HFH Summer Camps.
- Developed and implemented Overview of Case Management Services and Self-Care training for 36 social services staff.
- Provided clinical consultation during the opening of the Crisis Nursery/Family Respite Center.

**December 2014-October 2015**

**Project Director**

**New York, NY**

*Research Foundation of CUNY/Silberman School of Social Work*

- Provided consultation on social service delivery practices to the NYC Department of Homeless Services.
- Designed and reconciled a \$500,000 budget in accordance to NY State guidelines to ensure all expectations agree with contractual obligations.
- Coordinated 100 days of training for all homeless services employees in NYC and NY State.
- Hired skilled instructors directed implementation of the trainings and evaluation process for all independent contractors and consultants.
- Liaised between instructors, curriculum consultants, Silberman staff and Office of Temporary and Disability Assistance managers.
- Supervised the administrative coordinator through quarterly evaluations, weekly meetings, and regular collaborative tasks.

**September 2012-December 2014**

**Program Director**

**Bronx, NY**

*Aguila, Inc*

- Directed the opening of a Tier II family shelter for 101 families seeking temporary shelter in New York City.
- Counseled families facing barriers to permanent housing and provided resources to help expedite their stay.
- Directed program operations in accordance with funding source regulations including; social service delivery, fiscal operations, budget control, community and government relations.
- Helped low-income families access resources and innovative social service programming while maintaining their family system during a time of extreme stress.
- Coordinated all clinical operations for therapeutic services, case management training, HIPAA compliance, NYS Part 900 regulations.

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**October 2011-September 2012**

**Associate Program Director**

**Brooklyn, NY**

*Volunteers of America-Greater New York*

- Assisted the program director in leading a trauma informed staff that provides recovery based services for survivors and families of domestic violence, and who are seeking emergency housing.
- Maintained a case load of high risk families and established program delivery models such as Trauma-Informed Services, domestic violence awareness, and discharge planning.
- Managed five case managers through monthly chart audits, bi-weekly supervision, and amended services as needed to ensure compliance with Human Resources Administration, Office of Children and Family Services and agency regulations.
- Restructured the housing department by developing housing ready workshops, financial literacy training for staff and outcome reports.
- Formalized the employment and aftercare program with the employment specialist by developing a new outcome report, creating a public job board, producing advertising materials, and acquiring resume prep resources.

**September 2010-October 2011**

**Case Manager Supervisor**

**New York, NY**

*Volunteers of America-Greater New York*

- Led the Next Step shelter staff through the transition of providing case management services to a client population presenting with significant barriers to permanent housing.
- Supervised four to six case managers and assessed employee's performance to aide in the continuous improvement of service delivery.
- Managed assigned client caseload and conducted psychosocial assessments as well as Independent Living Plans.

**August 2009-May 2010**

**Graduate Student Intern**

**Milledgeville, GA**

**Forensics Unit (IST) and Adult Mental Health Unit**

*Central State Psychiatric Hospital*

- Under the supervision of psychiatrists, performed case management services for men and women with psychiatric illness that were preparing for court competency evaluations.
- Worked one-on-one with individuals experiencing acute psychosis, long-term mental illness, and who are in a state of serious mental instability.
- Led psychoeducational groups (anger management, WRAP) to clients on various units (including maximum security and clients with developmental disabilities)
- Responsible for case management, completion of psychosocial assessments, discharge planning, treatment consultation, and family interventions for adults with chronic and acute psychiatric illnesses.

## **Continuing Education**

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<i>Building Family Resilience</i> NYU, Silver School of Social Work	2016
<i>Beginner's Level Conversational Spanish for Social Workers</i> at Hunter College	2013

## **Education**

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<b>The University of Georgia</b> , School of Social Work	<b>Athens, GA</b>
<i>Masters of Social Work, Marriage and Family Therapy Certificate Participant</i>	
<b>The University of Georgia</b> , Franklin College of Arts and Sciences	<b>Athens, GA</b>
<i>Bachelor of Arts in Sociology, Psychology minor</i>	

## **Skills and Certifications**

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Proficient in Microsoft Office Suite for Mac/PC, AWARDS, CARES,	Seminar in Field Instruction Certified, Mandated Reporter Certified, Mental Health First Aid
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## **Awards**

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*Selected* for Leadership Academy, 2011  
*Awarded*, Rookie of the Year from Volunteers of America-Greater New York, 2011  
*Recipient*, Full tuition from Georgia's Intellectual Capital Partnership Program, 2009-2010  
*Awarded*, Mary Jane Coberth Award for Mental Health Advocacy, 2008-2009