

BACKGROUND QUESTIONNAIRE (AGE 18 AND OLDER)

Today's Date: _____

Name of person completing form: _____

Identification

Patient's Name: _____

Home Address: _____

City/State/ZIP: _____

Home Phone: _____

Phone: _____ Work/Cell Phone: _____

Email Address: _____ Preferred Method of Contact: Phone Email Both

Education Level: _____ Occupation: _____

Place of Business: _____

Birthdate: _____ Age: _____ Place of Birth: _____

Gender: _____ Race/Ethnicity: _____

Religion as a child: _____ Religion as an adult: _____

Marital Status: single engaged married separated divorced widowed

Date of marriage(s): _____

If divorced, are you remarried? _____ If yes, how many times? _____

Do you live: alone with parents with partner with non-romantic roommate _____

Do you live in: house apartment hotel room other _____

Partner's Age: _____ Partner's Gender: _____

Partner's Education Level: _____ Partner's Occupation: _____

Number of Children: _____

Name of Child	Age of Child	Gender of Child	Lives with you (y/n)
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_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

Primary Language Spoken at Home: _____

Other Languages Spoken: _____

List all members of the household:

Name	Relationship to Patient	Age

Person to contact in case of emergency (all information is kept confidential: person will only be called in the event of an emergency. Please see limits of confidentiality section of the consent for assessment/treatment form for details):

Name: _____ Phone Number: _____

Family Data

Siblings: Number of brothers _____ brothers' ages: _____

Number of sisters _____ sisters' ages: _____

Mother's First Name: _____

Mother Living _____? If alive, give Mother's age: _____

If deceased, give her age at time of death: _____ Cause of death: _____

Relationship to Patient: Biological Parent Adoptive Parent Step Parent Other _____

Education Level: _____ Occupation: _____

Phone: _____ Work Phone: _____

Place of Business: _____

Father's First Name: _____

Father Living _____? If alive, give Father's age: _____

If deceased, give his age at time of death: _____ Cause of death: _____

Relationship to Patient: Biological Parent Adoptive Parent Step Parent Other _____

Education Level: _____ Occupation: _____

Phone: _____ Work Phone: _____

Place of Business: _____

If you were adopted, age at which adoption occurred: _____

If parents are married, date of marriage: _____

If parents are not married:

Separated _____ Date _____

Divorced _____ Date _____

Never married _____

Educational History

Please list all of the schools you have attended

School	Dates/Grades Attended	Comments or Specific Reason Chose School?

Please place a check next to any problem that you currently exhibit (or caused difficulty in the past):

- Difficulty with reading
- Difficulty with spelling
- Difficulty with writing
- Difficulty with arithmetic
- Difficulty with other subjects (please list) _____
- Dislike school

Have you ever been diagnosed with a learning disability? If yes, what type and when:

Employment History:

Please list all your primary positions since high school/college

Dates	Position	Reasons for Leaving

Presenting Problem

Briefly describe your current difficulties:

When did this problem first become of concern to you? _____

When was the problem first noticed? _____

What seems to make the problem worse? _____

Have you received an evaluation or treatment for the current problem? ____ Yes ____ No

If yes, when and with whom? _____

Are you currently on medication? ____ Yes ____ No

If yes, please list medication, dosage, and date started in the table below.

Please list any previous psychological or psychiatric treatment that you have received

Name of Doctor, Clinic, Hospital etc.	Location	Dates	Services Provided

Please list any other medications that you take for psychiatric or emotional problems

Name of Medication	Reason Prescribed	Dosage	Dates	Results/ Side Effects	Prescribing Physician

Primary Care Physician:

Name:

Office Location:

Phone Number:

Date of last physical examination:

Current Height: Current Weight:

Any recent increase or decrease in weight?

Medical History

Place a check next to any illness or condition that you have had, also note the approximate date or age of the illness:

Allergies

Age of Onset/Dates

____ Food Allergies (Describe) _____

____ Hay Fever

____ Household Allergies

____ Other (Describe) _____

Blood Disorders

____ Anemia

____ Hemophilia

____ Bleeding Problems

____ Other (Describe) _____

Dermatological

Age of Onset/Dates

- Acne
- Eczema
- Psoriasis
- Hives
- Other (Describe) _____

Cardiovascular/Pulmonary

- Heart Disease (Describe) _____
- High/Low Blood Pressure
- Mitral Valve Prolapse
- Irregular Heart Beat
- Asthma
- Cystic Fibrosis
- Hyperventilation
- Other (Describe) _____

Conditions of Childhood

- Chicken Pox
- Diphtheria
- German Measles
- Measles
- Mumps
- Whooping Cough
- Stuttering
- Other (Describe) _____

Endocrine

- Thyroid Condition
- Diabetes: ___ Type I ___ Type II
- Other (Describe) _____

Eye, Ear, Throat

- Impaired Vision
- Impaired Hearing
- Frequent Earaches
- Ear Tubes
- Frequent Sore Throats/Colds
- Strep Infection
- Other (Describe) _____

Gastrointestinal

- Stomachaches
- Constipation
- Diarrhea
- Soils Self
- Reflux
- Irritable Bowel Syndrome
- Crohn's Disease
- Other (Describe) _____

Any foods that you avoid? _____

Genitourinary

- Urinary Tract Infections
- Kidney Problems
- Enuresis (Wetting) ___ Day ___ Night
- Other (Describe) _____

Joints and Muscles

- Arthritis
- Broken Bones
- Bone or Joint Disease
- Other (Describe) _____

Neurological

- Head Trauma/Injury (Describe) _____
- Frequent or Severe Headaches
- Epilepsy

- Seizure/Other Seizure Disorder _____
- Tics _____
- Fainting Spells/Dizziness _____
- Loss of Consciousness _____
- Paralysis _____
- Other (Describe) _____

Reproductive

- First Period _____
- Premenstrual Syndrome/Problems _____
- Irregular Cycle _____
- Other (Describe) _____

Other

- Hospitalizations (Describe) _____
- Surgeries (Describe) _____
- Emergency Room Visit (Describe) _____
- Cancer (Describe) _____
- Meningitis _____
- Convulsions _____
- Other _____

Family Medical History

Place a check next to any illness or condition that any member of your immediate family has had. If you check an item, please note the family member's relationship to you (e.g., Mother, Father, Sibling #1, Sibling #2, Maternal grandparent, etc).

Medical Conditions

- Cancer Family member(s): _____
- Diabetes Family member(s): _____
- Cardiovascular Problems Family member(s): _____
- Neurological Problems Family member(s): _____
- Other Family member(s): _____

Psychological/Behavioral Problems

- Depression Family member(s): _____
- Bipolar Disorder Family member(s): _____
- Anxiety Family member(s): _____
- Obsessive-Compulsive Family member(s): _____
- Panic Attacks Family member(s): _____
- Learning Problems Family member(s): _____
- Behavior Problems Family member(s): _____
- ADHD/ADD Family member(s): _____
- Autism/Aspergers Family member(s): _____
- Schizophrenia Family member(s): _____
- Mental Retardation Family member(s): _____
- Suicide Attempts Family member(s): _____
- Alcoholism Family member(s): _____
- Drug Addiction Family member(s): _____
- Legal Problems Family member(s): _____
- Other Family member(s): _____

Please provide specific information regarding any of the conditions that you checked for family history, including onset, treatment, and any impact on family functioning:

Other Information

What are your hobbies and interests?

1. _____ 2. _____ 3. _____

4. _____ 5. _____ 6. _____

What activities would you like to engage in more often than you do at present?

1. _____ 2. _____ 3. _____

What activities do you like least?

1. _____ 2. _____ 3. _____

Have you ever been in trouble with the law? ____ Yes ____ No

If yes, please describe briefly: _____

Is there any other information that you think may be helpful for us to know to help you? _____

