

## CURRICULUM VITAE

### SANDRA S. PIMENTEL

**Date CV Prepared** 12 August 2009

#### **Academic Training**

1995 B.A. Drew University Psychology, Summa Cum Laude  
1997 M.A. Boston University Psychology  
2004 Ph.D. Temple University Clinical Psychology  
Major Advisor: Philip C. Kendall, Ph.D., ABPP  
Dissertation: *An examination of cross-informant consistency in the assessment of anxious youth: Predictors of agreement with the therapist as "gold standard"*

#### **Traineeship**

2003-2004 **Clinical Psychology Internship**, Child and Adolescent Track, Bellevue Hospital Center/NYU Child Study Center, New York, NY  
  
2004-2007 **NIMH Post-Doctoral Research Fellowship**, Division of Child and Adolescent Psychiatry, Columbia University/New York State Psychiatric Institute, New York, NY  
  
2005-2006 **Chief Research Fellow**, Division of Child and Adolescent Psychiatry, Columbia University/New York State Psychiatric Institute, New York, NY

#### **Professional Organizations and Societies**

1997-present American Psychological Association (APA), Member  
1998-present Association for Behavioral and Cognitive Therapies (ABCT), Member  
2000-present Anxiety Disorders Association of America (ADAA), Member  
2001-present Association for Behavioral and Cognitive Therapies (ABCT), Special Interest Group in Child Anxiety, Member

#### **Honors**

1991-1995 Dean's List, Drew University  
1991-1995 Elsie Fisher Scholar, Drew University  
1991-1995 Drew Scholar, Drew University  
1991-1995 Edward J. Bloustein Scholar, Drew University  
1993-1995 GTE Academic All-American, Drew University  
1999-2004 Future Faculty Fellowship, Temple University  
2000 Faculty Commendation for Excellence (based on coursework, research activities, collegiality, and professional demeanor), Temple University

#### **Fellowship and Grant Support**

1999-2004 Future Faculty Fellowship, Temple University

- 2004-2007 NIMH T32 Post-Doctoral Research Fellowship, Division of Child and Adolescent Psychiatry, Columbia University/New York State Psychiatric Institute, New York, NY
- 2007-2008 New York State Office of Mental Health Policy Scholar, Department of Mental Health Services and Policy Research, Columbia University/New York State Psychiatric Institute

### **Teaching Experience and Responsibilities**

- 1994-1995 **Teaching Assistant**, Department of Psychology, Drew University, Madison, NJ
- 2000-2001 **Teaching Assistant**, Graduate Psychological Assessment I & II, Temple University
- 2000-2001 **Guest Lecturer**, Theories of Personality; Psychopathology, Temple University
- 2001 (Spring) **Instructor**, Psychopathology, Temple University
- 2001 (Spring) **Trainer**, Cognitive-Behavioral Treatment (CBT) for Anxiety in Youth, Multi-Site Psychotherapy Training, *Child and Adolescent Multimodal Study (CAMS)*, National Institute of Mental Health (NIMH) funded multi-site study, Temple University
- 2004 (Fall) **Guest Lecturer**, Abnormal Psychology, Teacher's College-Columbia University
- 2004-2005 **Trainer and Consultant**, Cognitive-Behavioral Treatment (CBT) for Anxiety in Youth, *Implementing Evidence-Based Interventions in School Settings*, Research Foundation for Mental Hygiene, Columbia University/New York State Psychiatric Institute
- 2005-2006 **Trainer and Consultant**, Cognitive-Behavioral Treatment (CBT) for Anxiety in Youth, *School Support II, Implementing Evidence-Based Interventions in School Settings*, Research Foundation for Mental Hygiene, Columbia University/New York State Psychiatric Institute
- 2005-2006 **Trainer and Consultant**, Cognitive-Behavioral Treatment (CBT) for Depression in Youth, *School Support II, Implementing Evidence-Based Interventions in School Settings*, Research Foundation for Mental Hygiene, Columbia University/New York State Psychiatric Institute
- 2005 (Fall) **Lecturer**, Cognitive-Behavioral Treatment of Anxiety and Depression, Adult Psychology Interns Lecture Series, Division of Child and Adolescent Psychiatry, Columbia University/New York State Psychiatric Institute, New York, NY

- 2005-2008 **Coordinator, CBT Trainer and Consultant**, Columbia University Division of Child and Adolescent Psychiatry and County of Onondaga Department of Mental Health Clinician Training Project, New York and Syracuse, NY
- 2006-2008 **Trainer and Consultant**, Evidenced-Based Treatment Dissemination Center (EBTDC), Columbia University/ New York State Psychiatric Institute and the New York State Office of Mental Health
- 2006-present **Lecturer**, Cognitive-Behavioral Treatment for Anxiety Disorders, Empirically-Supported Psychotherapy Techniques Course 2006-2007 (for Interns and Fellows), Division of Child and Adolescent Psychiatry, Columbia University/New York State Psychiatric Institute, New York, NY
- 2007-present **Assistant Professor of Clinical Psychology (in Psychiatry)**, Division of Child and Adolescent Psychiatry, Columbia University/New York State Psychiatric Institute, New York, NY
- 2008-present **Consultant**, New York Child and Adolescent Telepsychiatry, Division of Child and Adolescent Psychiatry, Columbia University and the New York State Office of Mental Health, NY
- 2009 (Spring) **Adjunct Instructor**, Cognitive Behavior Therapy for Anxiety and Depressive Disorders II, Ferkauf Graduate School, Yeshiva University, Bronx, NY.

#### **Other Professional Activities**

- 1995-1997 **Research Assistant**, PCS Psychological Consulting Services, Newark, NJ
- 1997-1998 **Research Assistant and Outcome Trainer**, United Way of Essex and West Hudson, Newark, NJ
- 1998-2003 **Research Assistant**, Child and Adolescent Anxiety Disorders Clinic, Temple University
- 2000-2001 School Psychology Review Quarterly, Student Editorial Board
- 2004-present **Clinician**, Columbia University Clinic for Anxiety and Related Disorders (CUCARD), New York, NY
- 2009-present **Associate Director**, Columbia University Clinic for Anxiety and Related Disorders (CUCARD), Division of Child and Adolescent Psychiatry, Columbia University, New York, NY

#### **Bibliography**

2003

1. Kendall, P. C., & Pimentel, S. S. (2003). On the physiological symptom constellation in youth with Generalized Anxiety Disorder (GAD). *Journal of Anxiety Disorders, 17*, 211-221.
2. Choudhury, M. S., Pimentel, S. S., & Kendall, P. C. (2003). Parent-child agreement for diagnosis of anxiety disorders based on structured clinical interview. *Journal of the American Academy of Child and Adolescent Psychiatry, 42*, 957-964.

2004

3. Comer, J., Kendall, P., Franklin, M., Hudson, J., & Pimentel, S. S. (2004). Obsessing/ worrying about the overlap between obsessive-compulsive disorder and generalized anxiety disorder in youth. *Clinical Psychology Review, 24*, 663-683.

2007

4. Pimentel, S.S., Robin, J.A., Comer, J.S., Regan, J., & Albano, A.M. (2007). From everyday worries to anxiety disorders in youth: A cognitive-behavioral approach for helping children cope with a scary world. *Child and Family Journal, 10* (2), 31-44.

2009

5. Hambrick, J.P., Pimentel, S.S., & Albano, A.M. (2009). From theory to practice: Facing clinical challenges as a clinical intern. *Cognitive and Behavioral Practice, 16*, 191-204.

## Manuscripts in Preparation:

2009

1. Pimentel, S.S., Albano, A.M., Hoagwood, K.E., & Dublin, R. Large-scale dissemination of evidence-based treatments for children: Does training affect clinician practice?
2. Pimentel, S.S., Hoagwood, K.E., Albano, A.M., & Regan, J. Disseminating evidence-based treatments for children: A microanalysis of consultation calls as an ongoing training strategy.
3. Perkins, M., Pimentel, S.S., Kineshevsky, S. The feasibility and delivery of telepsychiatry services to underserved populations of New York State.
4. Piacentini, T., Pimentel, S. S., & Albano, A. M. Quality Assurance in the assessment of anxious youth using the Anxiety Disorders Interview Schedule for Children (ADIS): Implications for training and service delivery.
5. Pimentel, S. S. Evidenced-based practice in child and adolescent psychotherapy interventions: Finding an evidence base for training and transportability.
6. Pimentel, S. S., Albano, A.M., & Mufson, L. Assessment of psychotherapy adherence and competence: A review.

## Chapters and Books:

2000

1. Kendall, P.C., Chu, B. C., Pimentel, S. S., & Choudhury, M. (2000). Treating anxiety disorders in youth. In P. C. Kendall (Ed.), *Child and adolescent therapy: Cognitive-behavioral procedures* (2<sup>nd</sup> ed., pp. 235-290). New York: Guilford.

2004

2. Kendall, P. C., Pimentel, S. S., Rynn, M., Angelosante, A., & Webb, A. (2004). Generalized anxiety disorders in children and adolescents. In T. Ollendick & J. March (Eds.), *Phobic and anxiety disorders in children and adolescents: A clinicians guide to effective psychosocial and pharmacological interventions* (2<sup>nd</sup> ed.). New York: Oxford University Press.

2005

3. Kendall, P. C., Hudson, J. L., Choudhury, M., Webb, A., & Pimentel, S. S. (2005). Cognitive-behavioral treatment for childhood anxiety disorders. In E. D. Hibbs & P. S. Jensen (Eds.), *Psychosocial treatments for child and adolescent disorders: Empirically based strategies for private practice* (2<sup>nd</sup> ed.). Washington D.C.: American Psychological Association.

### **Professional Presentations**

2000

1. Pimentel, S. S., Chu, B. C., Robin, J., Webb, A., & Kendall, P. C. (2000, November). *The physiological symptom constellation of youth with generalized anxiety: A preliminary examination*. Poster presented at the 34<sup>th</sup> meeting of the Association for the Advancement of Behavior Therapy, New Orleans, LA.

2001

2. Choudhury, M., Pimentel, S. S., & Kendall, P. C. (2001, July). *Issues in the assessment of anxiety disorders in children: Do parents and children agree?* Paper presented at the World Congress of Behavioral and Cognitive Therapies, Vancouver, BC, Canada.
3. Coles, M., Hudson, J. L., Krain, A., Choudhury, M., Pimentel, S. S., & Kendall, P. C. (2001, July). *Family cognitive-behavior therapy for anxious youth: Development and implementation*. Paper presented at the World Congress of Behavioral and Cognitive Therapies, Vancouver, BC, Canada.
4. Choudhury, M., Pimentel, S. S., Hudson, J. L., & Kendall, P. C. (2001, November). *Issues in the assessment of anxiety disorders in children: Do parents and children agree?* Poster presented at the 35<sup>th</sup> meeting of the Association for the Advancement of Behavior Therapy, Philadelphia, PA.

2002

5. Pimentel, S. S., Choudhury, M. S., & Kendall, P. C. (2002, March). *Assessing anxiety in youth: Parent-child agreement and disagreement*. Poster presented at the 22<sup>nd</sup> meeting of the Anxiety Disorders Association of America, Austin, TX.
6. Hedtke, K. A., Pimentel, S. S., & Kendall, P. C. (2002, November). *On what exactly do parents and children disagree? A study of parent-child agreement on individual items of the Family Assessment Device in a sample of anxious children*. Poster presented at the 36<sup>th</sup> meeting of the Association for the Advancement of Behavior Therapy, Reno, NV

2003

7. Pimentel, S. S., Comer, J. S., & Kendall, P. C. (2003, March). *Physiological symptoms in children with generalized anxiety disorder: Severity ratings and rates of parent-child agreement*. Poster presented at the 23<sup>rd</sup> meeting of the Anxiety Disorders Association of America, Toronto, ON, Canada.

2005

8. Pimentel, S. S. (2005, March). *Flexible and innovative approaches in evidenced-based assessment and treatment of childhood anxiety disorders*. Chair, Symposium presented at the 25<sup>th</sup> meeting of the Anxiety Disorders Association of America, Seattle, WA.
9. Piacentini, T., Pimentel, S. S., & Albano, A. M. (2005, March). *Quality Assurance in the assessment of anxious youth using the Anxiety Disorders Interview Schedule for*

*Children (ADIS): Implications for training and service delivery.* Paper presented the 25<sup>th</sup> meeting of the Anxiety Disorders Association of America, Seattle, WA.

2006

10. Albano, A. M., Heimberg, R., Cohan, S., Hambrick, J., McKnight, K., & Pimentel, S. (2006, November). *Cognitive behavioral group treatment for socially anxious adolescents: Barriers and solutions for implementation in community clinics.* Panelist, Clinical Roundtable presented at the 40<sup>th</sup> meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.

2008

11. Pimentel., S.S. (October, 2008). *An Overview of an Evidence Based Treatment Model for Depression & Trauma.* A workshop presented at the New York State Office of Mental Health HCBS Waiver and SPOA Conference, Albany, NY.
12. Pimentel., S.S. (October, 2008). *An Overview of an Evidence Based Treatment Model for Disruptive Behaviors.* A workshop presented at the New York State Office of Mental Health HCBS Waiver and SPOA Conference, Albany, NY.
13. Pimentel, S.S., Hoagwood, K.E., Albano, A.M., & Regan, J. (2008, November). *Disseminating evidence-based treatments for children: A microanalysis of consultation calls as an ongoing training strategy.* Paper presented at the 42<sup>nd</sup> meeting of the Association for Behavioral and Cognitive Therapies, Orlando, FL.

2009

14. Pimentel, S.S., Hoagwood, K.E., Albano, A.M., & Regan, J. (2009, March). *Disseminating evidence-based treatments for children: A microanalysis of consultation calls as an ongoing training strategy.* Paper presented at the annual meeting of the Research and Training Center for Children's Mental Health, Tampa, FL.

## **Community Presentations**

2008

- *An Overview of Child and Adolescent Assessment I: The Foundation of Evidence-Based Practice in Children's Mental Health.* A workshop presented to therapists at the Interborough Developmental and Consultation Center, Brooklyn, NY.
- *An Overview of Child and Adolescent Assessment II: The Foundation of Evidence-Based Practice in Children's Mental Health.* A workshop presented to therapists at the Interborough Developmental and Consultation Center, Brooklyn, NY.
- *From Practice to Research and Back Again: Approaches for Disseminating Evidence-based practices in Children's Mental Health.* A talk presented (with James Rodriguez, PhD) at the Mental Health and Wellness Conference, Newburgh, NY.

2009

- *Managing Anxiety in an Anxious World: Strategies for Identifying & Helping Anxious Children.* A talk presented to school counselors with the Manhattan Integrated Services, New York, NY.
- *The Basics of Cognitive Behavioral Therapy with Children and Adolescents.* A workshop presented to therapists at the Interborough Developmental and Consultation Center, Brooklyn, NY.
- *CBT for Anxiety Disorders in Youth: The Coping Cat.* A workshop presented to therapists at the Interborough Developmental and Consultation Center, Brooklyn, NY.
- *Managing Anxiety in an Anxious World: Tips & Strategies for You & Your Child.* A talk presented for parents of 7- to 12-th grade students at the Berkeley-Carroll School in Brooklyn, NY.
- *Cognitive-Behavioral Treatment (CBT) for School Refusal in Youth.* A workshop presented (with James Hambrick, PhD) to child therapists in Princeton, NJ.