

## CURRICULUM VITAE

### SASHA G. ASCHENBRAND, PH.D.

#### Date CV Prepared

August 7, 2009

#### Personal Data

Name: Sasha G. Aschenbrand

Citizenship: USA

#### Academic Training

2000 B.S. Cornell University, Major: Human Development, with Distinction

2004 M.A. Temple University, Clinical Psychology

2007 Ph.D. Temple University, Clinical Psychology

Advisor: Philip C. Kendall, Ph.D., ABPP

Dissertation: *The effect of perceived child anxiety status on parental latency to intervene with anxious and non-anxious youth*

2008 NYS License #: 017922, issued 12/4/08

#### Traineeship

2005-2006 Internship in Clinical Child Psychology, Long Island Jewish Medical Center, New Hyde Park, NY (APA-Accredited)

#### Professional Organizations and Societies

2001-Present Association for Behavioral and Cognitive Therapies

2002-Present American Psychological Association (APA)

2002-Present American Psychological Association (APA), Division 53 (Clinical Child and Adolescent Psychology)

2002-Present Association for Behavioral and Cognitive Therapies, Child and Adolescent Anxiety Special Interest Group

2004-2005 Society for a Science of Clinical Psychology

#### Academic Appointments

2007-Present Instructor of Clinical Psychology (In Psychiatry), Department of Child and Adolescent Psychiatry, Columbia University College of Physicians and Surgeons, New York, NY

#### Honors

1996-2000 Dean's List, Cornell University

1998 Psi Chi – National Honor Society in Psychology

1998 Golden Key National Honor Society

1998 Kappa Omicron Nu Honor Society

1999 Phi Kappa Phi Honor Society

- 1999           Gamma Sigma Delta Honor Society
- 1999, 2000    Robinson Award for Academic Excellence
- 2000           Salutatorian, Class of 2000, College of Human Ecology, Cornell University
- 2000-2005     Graduate Assistantship and Tuition Scholarship, Temple University
- 2005           Society of Clinical Child and Adolescent Psychology Student Research Award (\$750)
- 2005           Pennsylvania Psychological Foundation Education Award (\$1,000)
- 2005           Temple University Faculty Commendation for Excellence in Clinical Psychology

**Fellowship and Grant Support**

- 2000-2003     Independent Evaluator and Cognitive Behavior Therapist, *Child and Family Therapy for Anxiety-Disordered Youth*, Child and Adolescent Anxiety Disorders Clinic, Temple University, Principal Investigator: Philip C. Kendall, Ph.D., ABPP
- 2003-2004     Cognitive Behavior Therapist, *Child/Adolescent Anxiety Multimodal Study (CAMS)*, Child and Adolescent Anxiety Disorders Clinic, Temple University, Principal Investigator: Philip C. Kendall, Ph.D., ABPP
- 2004-2005     Research Assistant, *Process as a Predictor of Outcomes in CBT for Youth*, Child and Adolescent Anxiety Disorders Clinic, Temple University, Principal Investigator: Philip C. Kendall, Ph.D., ABPP
- 2006-2008     Project Coordinator, *Child/Adolescent Anxiety Multimodal Study (CAMS)*, New York State Psychiatric Institute, Principal Investigator: Anne Marie Albano, Ph.D., ABPP

**Teaching Experience and Responsibilities**

- 1998 (Spring) Teaching Assistant, *Introduction to Human Development*, Department of Human Development, Cornell University, Ithaca, NY
- 2002           Lecturer, *Treating the Emotionally Defensive Client*, Case Conference, Department of Clinical Psychology, Temple University, Philadelphia, PA
- 2004           Trainer, Cognitive-Behavioral Treatment (CBT) for Anxiety in Youth, Multi-Site Psychotherapy Training, *Child and Adolescent Anxiety Multimodal Study (CAMS)*, New Orleans, LA
- 2007           Guest Lecturer, *Cognitive Behavioral therapy for Emetophobia*, Child Psychology Interns and Child Psychiatry Fellows Lecture Series, Department of Child Psychiatry, Columbia University/New York State Psychiatric Institute, New York, NY
- 2008           Guest Lecturer, *The Coping Cat Program for Childhood Anxiety Disorders*, Child Psychology Interns and Child Psychiatry Fellows Lecture Series, Department of Child Psychiatry, Columbia University/New York State Psychiatric Institute, New York, NY
- 2009           Guest Lecturer, *The Coping Cat Program for Childhood Anxiety Disorders*, Child Psychology Interns and Child Psychiatry Fellows Lecture Series, Department of Child Psychiatry, Columbia University/New York State Psychiatric Institute, New York, NY
- 2009           Guest Lecturer, *Staffing of Childhood Anxiety Disorder Cases*, Child Psychology Interns and Child Psychiatry Fellows Lecture Series, Department of Child

Psychiatry, Columbia University/New York State Psychiatric Institute, New York, NY

**Other Professional Responsibilities**

- 1998 Research Assistant, Gary Evans, Ph.D., Department of Psychology, New York University, New York
- 1998 Residential Counselor, YAI – The National Institute for People with Disabilities, Williston Park, NY
- 1998 Research Assistant, Andrew Fuligni, Ph.D., Department of Design and Environment Analysis, Cornell University, Ithaca, NY
- 1999 Program Research Intern, Children’s Television Workshop, New York, NY
- 1999-2000 Research Assistant, Daryl J. Bem, Ph.D. and Thomas Keegan, M.A., Department of Psychology, Cornell University, Ithaca, NY
- 2000-2001 Clinic Assistant, Psychological Services Center, Temple University, Philadelphia, PA
- 2001-2003 Clinician, Psychological Services Center, Temple University, Philadelphia, PA
- 2002 Assessment Evaluator, Psychiatric Inpatient Unit and Partial Hospitalization Program, Eastern Pennsylvania Psychiatric Institute (EPPI), Philadelphia, PA
- 2002-2003 Assessment Evaluator, Center for Management of ADHD, Children’s Hospital of Philadelphia, Philadelphia, PA
- 2003-2004 Therapist, Council for Relationships, Philadelphia, PA
- 2006-2008 Project Administrator, New York State Psychiatric Institute (NYSPI), New York, NY
- 2006-Present Clinician, Columbia University Clinic for Anxiety and Related Disorders (CUCARD), New York, NY
- 2007-Present Cognitive Behavioral Therapy Consultant, Evidence-Based Treatment Dissemination Center, New York State Office of Mental Health and Columbia University Department of Child Psychiatry, New York, NY
- 2008 Cognitive Behavioral Therapy Consultant, Columbia University Department of Child and Adolescent Psychiatry–Onondaga County Collaborative Clinician Training Project, New York, NY

**Bibliography**

**PEER REVIEWED ARTICLES:**

**2003**

1. \*Aschenbrand, S.G., Kendall, P.C., Webb, A., Safford, S.M., & Flannery-Schroeder, E. (2003). Is childhood separation anxiety disorder a predictor of adult panic disorder and agoraphobia? A seven-year longitudinal study. *Journal of the American Academy of Child and Adolescent Psychiatry*, 42, 1478-1485.

**2005**

2. \*Aschenbrand, S.G., Angelosante, A.G., & Kendall, P.C. (2005). Discriminant validity and clinical utility of the CBCL with anxiety-disordered youth. *Journal of Clinical Child and Adolescent Psychology*, 34, 735-746.

**CHAPTERS AND BOOKS:**

**2003**

1. Kendall, P.C., Aschenbrand, S.G., & Hudson, J. (2003). Child-focused treatment of anxiety. In A.E. Kazdin & J.R. Weisz (Eds.), *Evidence-based psychotherapies for children and adolescents* (pp. 81-100). New York, NY: The Guilford Press.
2. Hedtke, K.A., Kendall, P.C., Aschenbrand, S.G., Puliafico, A.C., & Hughes, A.A. (2003). Cognitive-behavior therapy for children. In T. Ollendick and C. Schroeder (Eds.), *Encyclopedia of Pediatric and Child Psychology*. New York, NY: Kluwer Academic/Plenum Publishers.

**2005**

3. Kendall, P.C., Hedtke, K.A., & Aschenbrand, S.G. (2005). Anxiety disorders in adolescence. In D. Wolfe & E. Mash (Eds), *Behavioral and emotional problems in adolescents: Nature, assessment, and treatment*. New York, NY: The Guilford Press.

**2009**

4. \*Aschenbrand, S.G., & Albano, A.M. (In press). Separation anxiety disorder. In G.P Koocher & A.M LaGreca (Eds), *Parent's guide to emotional first aid: Helping children and adolescents cope with predictable life crises*. New York, NY: Oxford University Press.

**REVIEWS, EDITORIALS, LETTERS:**

**2003**

1. Kendall, P.C., & Aschenbrand, S.G. (2003). Cognitive-behavioral therapy for separation anxiety disorder. Retrieved from <http://www.therapyadvisor.com/taDisorder.aspx?disID=25&sm=cc25>

**2004**

2. Angelosante, A.G., & Aschenbrand, S.G. (Eds.). (2004). Comorbidity of anxiety and substance use disorders. What do we know? What do we need to know? *The child and adolescent anxiety SIG newsletter of AABT*, 3(2).

**2005**

3. Suveg, C., Aschenbrand, S.G., & Kendall, P.C. (2005). Separation anxiety disorder, panic disorder, and school refusal. *Child and Adolescent Psychiatric Clinics of North America*, 14, 773-795.

**2006**

4. Suveg, C., Roblek, T., Robin, J.A., Krain, A., Aschenbrand, S.G., & Ginsburg, G. (2006). Family considerations when conducting CBT for children with anxiety disorders. *Journal of Cognitive Psychotherapy*, 20, 287-299.

**2007**

5. Choudhury, M.S., Aschenbrand, S.G., & Kendall, P.C. (2007). New frontiers: Computer technology in the assessment and treatment of anxious youth. *The Behavior Therapist*, 30, 22-25.

**Professional Presentations**

**2001**

1. Angelosante, A.G, Aschenbrand, S.G., & Kendall, P.C. (2001, November). *An analysis of the clinical significance of treatments for depressed youth*. Poster presented at the 35<sup>th</sup> annual meeting of the Association for the Advancement of Behavioral Therapy, Philadelphia, PA.

**2002**

2. \*Aschenbrand, S.G., Webb, A., Safford, S., Flannery-Schroeder, E., & Kendall, P.C. (2002, November). *Is childhood separation anxiety disorder a predictor of adult panic disorder and agoraphobia?: A seven-year prospective study*. Poster presented at the 36<sup>th</sup> annual meeting of the Association for the Advancement of Behavioral Therapy, Reno, NV.

**2003**

3. \*Aschenbrand, S.G., Angelosante, A.G., & Kendall, P.C. (2003, November). *Discriminant validity, sensitivity, and specificity of the CBCL in distinguishing youth with social phobia, generalized anxiety disorder, and no anxiety disorder*. Poster presented at the 37<sup>th</sup> annual meeting of the Association for the Advancement of Behavior Therapy, Boston, MA.

**2004**

4. \*Aschenbrand, S.G., Angelosante, A.G., Puliafico, A.C. & Kendall, P.C. (2004, November). *Does parental psychopathology bias parents' reporting of children's anxious symptomatology?* Poster presented at the 38<sup>th</sup> annual meeting of the Association for the Advancement of Behavior Therapy, New Orleans, LA.

**Community Presentations**

**2006**

1. Lecturer, *Anxiety Symptoms in Adolescence*: The National Alliance on Mental Illness (NAMI)/Higher Horizons Mental Health Presentation for Adolescents, St. Joseph's High School, Brooklyn, NY

**2008**

2. Lecturer, *Treatment of Trauma in Children and Adolescents*, Queens Children's Psychiatric Center, Bellerose, NY

**2008**

3. Lecturer, *The Coping Cat Program for Childhood Anxiety Disorders*, Cognitive & Behavioral Consultants of Westchester, White Plains, NY