

EDUCATION

Fairleigh Dickinson University

Teaneck, NJ

Doctoral Candidate in Clinical Psychology

- Expected graduation: May 2017

August 2012 – Present

Fairleigh Dickinson University

Teaneck, NJ

Master of Arts in Clinical Psychology

August 2012 – September 2015

Barnard College, Columbia University

New York, NY

Bachelor of Arts in Psychology

August 2004 – May 2008

PRACTICA EXPERIENCE

Columbia University Clinic for Anxiety and Related Disorders

New York, NY

Responsibilities

- Conduct weekly therapy sessions with adults, adolescents, and children using a cognitive behavioral therapy (CBT) framework
- Perform weekly parent training on implementing behavior management skills to target child oppositional behavior
- Co-lead weekly group therapy sessions with young adults diagnosed with social anxiety
- Conduct intake interviews using the Anxiety Disorders Interview Schedule
- Write intake evaluation reports
- Participate in weekly individual and group supervision
- Engage in weekly didactics and team meetings

July 2015 – Present

Weill Cornell Medical College, Department of Neurological Surgery

New York, NY

Responsibilities

- Administer psychodiagnostic testing batteries to adults reporting neurological complaints
- Write integrative testing reports with diagnostic impressions and recommendations
- Conduct feedback sessions with patients and families to review testing results and reports
- Attend weekly case conferences at the Epilepsy Center within the Department of Neurology

July 2015 – Present

Child Study Center/Adult Psychiatry, NYU Langone Medical Center

New York, NY

Responsibilities

- Conducted individual weekly therapy sessions with adults diagnosed with ADHD using a CBT framework
- Co-led weekly CBT group therapy sessions with adults diagnosed with ADHD
- Administered psychoeducational and psychodiagnostic testing batteries to children, adolescents, and adults reporting attention and executive functioning complaints
- Wrote testing reports with diagnostic impressions and recommendations
- Conducted feedback sessions with patients and families to review testing results and reports
- Conducted intake interviews with individuals and families who present with complaints of ADHD
- Wrote intake evaluation reports
- Conducted classroom observations as needed

July 2014 – June 2015

- Participated in weekly individual and group supervision
- Collaborated with multidisciplinary team at case conferences
- Attended child psychiatry grand rounds

Center for Psychological Services, Fairleigh Dickinson University
Hackensack, NJ

January 2013 – Present

Responsibilities: (August 2015 – Present)

- Provide individual supervision to first-year students enrolled in the Doctoral Program Clinical Psychology conducting intake evaluations at a local community mental health center
- Participate in bi-monthly group supervision and didactics

Responsibilities: (May 2013 – Present)

- Conduct individual weekly therapy sessions to adults diagnosed with depression and anxiety disorders at a local community mental health center
- Participate in weekly individual supervision with clinicians of a range of theoretical orientations

Responsibilities: (May 2013 – May 2014)

- Administered psychoeducational and psychodiagnostic testing batteries to children and adolescents who present with various cognitive complaints
- Wrote integrative testing reports with diagnostic impressions and recommendations.
- Conducted feedback sessions with patients and families to review testing results and reports
- Elective Training: Adult LD/ADHD Program
 - Administered neuropsychological and psychodiagnostic test batteries to adults who present with complaints of LD or ADHD
 - Wrote comprehensive testing results complete with diagnostic impressions and recommendations
 - Conducted feedback sessions with patients and families to review testing results and reports
- Attended weekly didactics, case conferences, and team meetings

Responsibilities: (January 2013 - May 2013)

- Conducted semi-structured intake evaluations with children and adults
- Administered SCID and KSADs
- Wrote intake evaluation reports
- Presented cases at weekly staff meetings

RESEARCH

Fairleigh Dickinson University
Teaneck, NJ

September 2012- Present

Dissertation Research

- Dissertation Topic: *Social Evaluation, Cognitive Performance and the Moderating Role of Social Support (experimental design)*

Research Assistant - Adult LD/ADHD Research Laboratory

- Prepare documents for submission to the Institutional Review Board
- Conducted extensive literature reviews
- Researched assessment measures
- Entered and analyzed research data collected

Research Assistant – Working Memory Research Laboratory

- Assisted with computer tasks creation
- Ran experimental sessions with undergraduate students at FDU
- Analyzed research data collected

TEACHING EXPERIENCE

Fairleigh Dickinson University, Department of Psychology

January 2015 – May 2015

Teaneck, NJ

Adjunct Instructor

- Class taught: Abnormal Psychology, Junior year level requirement

Barnard College, Department of Psychology

September 2007 – December 2007

New York, NY

Teaching Assistant

Class assisted: Psychology of Learning, Laboratory section

- Prepared laboratory questions and corrected student assignments
- Provided in-class assistance to students

EMPLOYMENT

Center for Psychological Services, Fairleigh Dickinson University

May 2013 – June 2015

Hackensack, NJ

Clinic Coordinator

- Assisted the clinic director with administrative responsibilities
- Coordinated space allocation for clinical appointments
- Maintained patient caseloads for student provider up to date
- Conducted phone screens with potential patients
- Fielded students inquiries regarding clinic procedures

New York State Psychiatric Institute, Columbia University Medical Center

June 2008 – July 2012

Department of Brain Stimulation and Therapeutic Modulation

New York, NY

Clinic Coordinator (December 2010 – July 2012)

- Coordinated patient evaluations, explained procedures and addressed concerns with patients
- Performed electrocardiograms
- Assisted doctors with Transcranial Magnetic Stimulation (TMS) treatment sessions

Laboratory Manager (August 2009 – January 2011)

- Ensured compliance with divisional demands among research staff
- Recruited and train volunteers
- Led weekly meetings with research staff

Research Assistant (June 2008 – July 2012)

- Scheduled research patients and subjects and ran experimental sessions with research participants
- Administered neuropsychological assessments and rating scales to patients
- Collected, entered, and analyzed data sets and assisted in preparing manuscripts for peer review
- Corresponded with the Institutional Review Board
- Coordinated training in neuropsychological assessment administration and continuing medical education courses in electroconvulsive therapy

VOLUNTEER WORK

Bellevue Hospital Department of Psychiatry
New York, NY

June 2007 – May 2008

Volunteer

- Assisted social workers and doctors with administrative needs
- Created databases for after-care options
- Attended clinical rounds and interacted with patients as a member of their treatment team

PROFESSIONAL AFFILIATIONS AND LEADERSHIP ROLES

American Psychological Association, Student Member January 2013 – Present

- Division 40 – Society of Clinical Neuropsychology, Student Member January 2014 – Present

New Jersey Psychological Association, Student Member October 2013 – December 2014

Graduate Student Organization (GSO), Ph.D. Committee Representative September 2014 – May 2015

- Attend doctoral committee meetings held by faculty
- Acts as a liaison between these meeting members and the GSO Executive Committee

GSO, Faculty Representative September 2013 – May 2014

- Attends faculty meetings
- Acted as a liaison between faculty and the GSO Executive Committee

HONORS AND AWARDS

Community Service Grant, New Jersey Psychological Association (NJPA) Foundation (2013)

- \$6,000 award

Cum Laude, Barnard College (2008)

Distinction on Senior Requirement, Barnard College (2008)

Student Government Association Leadership Award, Barnard College (2007)

Dean's List, Barnard College (2006 - 2008)

PUBLICATIONS

Mantovani, A., Aly, M., Dagan, Y., **Allart, A.**, Lisanby, S. (2012). Randomized sham controlled trial of repetitive transcranial magnetic stimulation to the dorsolateral prefrontal cortex for the treatment of panic disorder with comorbid major depression. *Journal of Affective Disorders*, 144, 153–159.

Mantovani, A., Simeon, D., Urban, N., Bulow, P., **Allart, A.**, Lisanby, S. (2011). Temporo-parietal junction stimulation in the treatment of depersonalization disorder. *Psychiatry Research*, 186, 138-140.

PROFESSIONAL PRESENTATIONS

Allart, A., Freer, B., Tiersky, L., Abuelhiga, L., Pievsky, M., Putnam, M. *Is it quantity or Quality? Social support and coping in adult with cognitive complaints*. Poster to be presented at the annual convention of the American Psychological Association (APA), Toronto, ON (2015, August).

Abuelhiga, L., Tiersky, L., Freer, B., **Allart, A.**, Pievsky, M., Putnam, M. *Defense style and mental health satisfaction in a sample of persons with cognitive complaints*. Poster presented at the American Psychoanalytic Association National Meeting, New York, NY (2015, January).

Allart, A., Freer, B., Tiersky, L., Abuelhiga, L., Pievsky, M., Putnam, M. *The relationship between reflexive and intentional responses to stressful events.* Poster presented at the annual convention of the American Psychological Association (APA), Washington, D.C. (2014, August).

Allart, A., Freer, B., Tiersky, L. *Cognition and well-being: the relationship between executive function and quality of life in adults with cognitive complaints.* Poster presented at the annual meeting of the International Neuropsychological Society (INS), Seattle, WA (2014, February).

Allart, A., Freer, B., Tiersky, L. *Planning, working memory, and coping in adults with cognitive complaints.* Poster presented at the annual conference of the National Academy of Neuropsychology (NAN), San Diego, CA (2013, October).

Lowell, A., **Allart, A.,** Sullivan, N., Freer, B., Ulrich, S. *Men, be more feminine: the impact of gender and gender qualities on attitudes toward mental health.* Poster presented at the annual convention of the New York State Psychological Association (NYSPA), New York, NY (2013, June).

Freer, B., Sprang, G., Staton-Tindall, M., Persaud, A., **Allart, A.** *Understanding the progression of violence and abuse in rural families, parental trauma exposure, child abuse potential, and child trauma experience.* Poster presented at the biennial meeting of the Society for Research in Child Development (SRCD), Seattle, WA (2013, April).

Luber, B., Lou, H., **Allart, A.,** Keenan, J., Lisanby, S. *Role of medial prefrontal and parietal cortex in self-enhancement bias.* Poster presented at the annual meeting of the American College of Neuropsychopharmacology (ACNP), Miami Beach, FL (2010, December).

CERTIFICATES

- Certified Transcranial Magnetic Stimulation (TMS) treater for major depression. Neuronetics, Inc.
- Certified rater on the Hamilton Depression Rating Scale-21 item version. Brainsway, Ltd.

LANGUAGES

Fluent in French (native language)