

Amy Kranzler, PhD

Columbia University Clinic for Anxiety and Related Disorders
3 Columbus Circle, Suite 1425
New York, NY 10019
Columbia University Center for Anxiety and Related Disorders-Westchester
155 White Plains Road, Tarrytown NY
(646)-317-3592

Date of Preparation: August 24, 2016

Work Experience

08/2016- Present	CUMC Department of Psychology <i>Post-doctoral fellow</i>	New York, NY
08/2010-06/2011	Salanter Akiba Riverdale Academy <i>Assistant teacher</i>	New York, NY

Education

09/2011-06/2016	Rutgers University, Clinical Psychology PhD, June 2016	New Brunswick, NJ
09/2006-05/2010	University of Pennsylvania BA, May 2010	Philadelphia, PA

Training

07/2015-06/2016	Montefiore Medical Center <i>Psychology Intern</i>	New York, NY
07/2014-06/2015	Montefiore Medical Center <i>Psychology Extern</i>	New York, NY
07/2013-06/2014	Cognitive & Behavioral Consultants <i>Psychology Extern</i>	New York, NY
05/2013-08/2014	New York City Children's Center- Bronx <i>Psychology Extern</i>	New York, NY
05/2012-09/2013	Newark Beth Israel Medical Center <i>Psychology Extern</i>	Newark, NJ

Honors

11/2015	Association for Behavioral and Cognitive Therapies (ABCT) Student Travel Award <i>Awarded \$500 in recognition of an excellent symposium presentation</i>
11/2014	American Psychological Association (APA) Dissertation Research Award <i>Awarded \$1,000 to support dissertation research</i>
03/2014	Beck Institute Student Scholarship Award <i>Awarded full tuition for annual student workshop: CBT for Depression & Suicidality</i>

09/2014	Bevier Dissertation Fellowship Award, Rutgers University
11/2013	Elsie Ramos Memorial Student Research Award <i>Association for Behavioral and Cognitive Therapies</i>
11/2013	Child and Adolescent Anxiety SIG Student Award and Invited Talk <i>Association for Behavioral and Cognitive Therapies</i>
09/2011	Presidential Fellowship, Rutgers University <i>Awarded to students who have demonstrated outstanding academic accomplishments</i>
04/2013	APA Student Travel Award
11/2012	B.B. Robbie Rossman Annual Memorial Child Maltreatment Research Award <i>Institute on Violence, Abuse & Trauma</i>
11/2012	Rutgers Graduate School Conference Travel Award
11/2013	Rutgers Graduate School Conference Travel Award
05/2010	Phi Beta Kappa, University of Pennsylvania
05/2010	Morris Viteles Award, University of Pennsylvania <i>Award for an outstanding psychology honors thesis</i>
11/2009	Milstein Family Undergraduate Research Grant <i>Funding to support original research and scholarship</i>

Professional Organizations, Societies and Service

09/2009-Present	Association for Behavioral And Cognitive Therapies (ABCT), Member
09/2012- Present	American Psychological Association (APA), Member
05/2010-Present	Association for Psychological Science (APS), Member
05/2010-Present	Phi Beta Kappa academic honor society, Member
09/2011-09/2015	NYC-CBT, Member
12/2011-12/2013	New Jersey Psychological Association, Campus Representative

Teaching Experiences and Responsibilities

01/2014- 05/2014	Abnormal Psychology, Lab Course Instructor, approximately 30 students
09/2013-02/2013	Adolescent Development <i>Teaching Assistant, approximately 160 students</i>
09/2013-02/2013	History of Psychology <i>Teaching Assistant, approximately 90 students</i>

Publications

Original peer reviewed articles:

***Kranzler, A., Fehling, K. B., Anestis, M. D., Selby, E. A. (2016).** Examining the Relationship Between Internalizing Symptoms, Emotion Dysregulation, and Self-injurious and Suicidal Behavior Using Structural Equation Modeling. *Death Studies*.

Selby, E. A., Cornelius, T., Fehling, K., **Kranzler, A.**, Panza, E. A., Lavender, J., ... & Le Grange, D. (2015). A Perfect Storm: Examining the Synergistic Effects of Negative and Positive Emotional Instability on Promoting Weight Loss Activities in Anorexia Nervosa. *Frontiers in Psychology*, 6, 1260.

Selby, E. A., Fehling, K., Panza, E., **Kranzler, A.** (2015). Rumination, mindfulness, and borderline personality disorder symptoms. *Mindfulness*.

***Kranzler, A.**, Young, J. F., Hankin, B. L., Abela J. R. Z., Elias, M. J., & Selby, E. A. (2015). Emotional Awareness: A Transdiagnostic Predictor of Depression and Anxiety for Children and Adolescents. *Journal of Clinical Child and Adolescent Psychology*.

Selby, E. A., **Kranzler, A.**, Fehling, K. B., & Panza, E. (2015). Nonsuicidal self-injury disorder: The path to diagnostic validity and final obstacles. *Clinical psychology review*, 38, 79-91.

Selby, E. A., **Kranzler, A.**, Panza, E., & Fehling, K. B. (2015). Bidirectional-Compounding Effects of Rumination and Negative Emotion in Predicting Impulsive Behavior: Implications for Emotional Cascades. *Journal of personality*.

Alderman, B. L., Olson, R. L., Bates, M. E., Selby, E. A., Buckman, J. F., Brush, C. J., Panza, E., **Kranzler, A.**, Eddie, D., & Shors, T. J. (2015). Rumination in major depressive disorder is associated with impaired neural activation during conflict monitoring. *Frontiers in Human Neuroscience*, 9.

Selby E. A., Nock, M. K., **Kranzler, A.** (2014). How Does Self-Injury Feel? Examining Automatic Positive Reinforcement in Adolescent Self-Injurers with Experience Sampling Psychiatry Research. *Psychiatry Research*.

Hiller, A., Springer, C., Misurell, J., **Kranzler, A.**, & Rizvi, S. (2016). Predictors of group treatment outcomes for child sexual abuse: An investigation of the role of demographic and abuse characteristics. *Child Abuse Review*.

Misurell, J. R., Springer, C., Acosta, L., Liotta, L., **Kranzler, A.** (2013). Game-based Cognitive-Behavioral Therapy Individual Model (GB-CBT-IM) for Child Sexual Abuse: A Preliminary Outcome Study. *Psychological Trauma: Theory, Research, Practice, and Policy*.

Young, J. F., **Kranzler, A.**, Gallop, R. & Mufson, L. (2012). Interpersonal Psychotherapy Adolescent Skills Training: Effects on school and social functioning. *School Mental Health*.

***Kranzler, A.**, Parks, A.C., & Gillham, J. (2011). Illustrating Positive Psychology Concepts through service learning: Penn Teaches Resilience, *The Journal of Positive Psychology*, 6 (6), 482-486.

***Kranzler, A.**, & Price, J. (2008) Penn Teaches Resiliency: proposal for a new psychology-based academically based community service course. *College Undergraduate Research Electronic Journal*.

Book Chapters:

Selby, A., **Kranzler, A.**, Panza, E. (2014). Development of Emotional Cascades in Borderline Personality Disorder. In Sharpe, C. & Tackett, J. (Eds.), *Handbook of Borderline Personality Disorder in Children and Adolescents*.

Elias, M. J., **Kranzler, A.**, Parker, S. J., Kash, V. M., & Weissberg, R. P. (2014). The complementary perspectives of social and emotional learning, moral education, and character education. In L. Nucci, T. Krettenauer & D. Narvaez (Eds.), *Handbook of moral and character education* (2nd ed.). New York, NY: Routledge.

Kranzler, A., Hoffman, L. Parks, A.C., & Gillham, J. (2014). Innovative models of dissemination for school-based interventions that promote youth resilience and well-being. In Furlong, M., Huebner, S., & Gilman, R. (Eds.), *Handbook of Positive Psychology in the Schools (second edition)*.

Springer, C., Misurell, J., **Kranzler, A.**, Liotta, L., Gillham, J. (2014). Resilience interventions for youth. In Parks, A. (Ed.), *Handbook of Positive Psychology Interventions*.
